Timestamp	Name of Parenting Class (Please type the name of the Parenting Journey, Active Parenting, or Family Nurturing Center Curriculum)	Age ranges of children (click all that apply)	Who is this class for?	Small description of training.	Class Format	Language(s) Offered	Start Date	Time	Duration (Number of weeks)	Region	FRC	Contact Name to Register	Contact Phone #	Contact Email	Registration End Date	Notes	Registration Link
7/21/2026 14:49:00	Parenting in America	All ages	Mothers, Fathers, & Families	Parenting in America is a 12-week program offered through the Parenting Journey network that supports immigrant and culturally diverse parents in embracing their strengths while adapting to life in the United States	In Person	Spanish	9/15/26	10:30:00 AM	12	Boston	Chelsea	Leslie Flores	617-437-8550		12/1/26	https://forms.office.com/r/G7j2JKT7W?origin=lprLink	
10/22/2026 9:30:05	Parenting Journey 1	All ages	Mothers, Fathers, & Families	The program helps parents explore the connection between how they were parented and how they are raising their own children while also promoting their own self-care strategies.	Online	English	11/4/26	12:00:00 PM	12	Western	Great Barrington	Chandra Rodrigues	(413) 528-0298	Chandra.Rodrigues@csoinc.org	11/3/26	N/A	https://forms.cloud.microsoft/r/wtjmxGbMdq
9/9/2026 10:10:03	Active Parenting: First Five Years	Newborn to Preschool	Mothers, Fathers, & Families	This course will show you how to nurture your child with a "just right" combination of freedom and nonviolent discipline. You will learn how to understanding your parenting style, building a bond with your child, preventing problems, getting your little one ready for school and so much more!	Online	English	11/16/26	4:00:00 PM	5	Southeast, Cape & Islands	Attleboro	Lynn Furtado	774-203-1516	Lfurtado@oldcolonyymca.org	11/9/26	N/A	
10/22/2026 9:35:32	Active Parenting: 4th Edition	Elementary School	Mothers, Fathers, & Families	A comprehensive parenting program helping parents of kids ages 5 to 12 raise responsible, cooperative children who can resist negative peer pressure and thrive.	Online	English	11/16/26	12:00:00 PM	6	Western	Great Barrington	Shasta Bona	(413) 528-0298	Shasta.Bona@csoinc.org	11/13/26	N/A	https://forms.cloud.microsoft/r/wtjmxGbMdq
10/12/2026 10:50:44	Active Parenting First Five Years	Newborn to Preschool	Mothers, Fathers, & Families	Learn how to make the most of your child's first few years with Active Parenting: First Five Years, a evidence-based program for parents and other caregivers. This 4-week virtual course will cover topics such as the ages and stages of development, bonding with your child, your child's growing brain, mindfulness practices, effective discipline skills, preparing for school success, and so much more!	Online	English	11/30/26	9:30:00 AM	4	Boston	Chelsea	Harbor Area FRC	617-437-8550	harborareafrc@thehome.org	11/25/26	Please complete the registration link to express your interest and sign-up for the class: https://forms.cloud.microsoft/r/HFKPT9xaj9	https://forms.cloud.microsoft/r/HFKPT9xaj9
10/22/2026 9:41:56	Parenting in America	All ages	Mothers, Fathers, & Families	Parenting in America encourages parents to honor their cultural heritage while also helping them to develop new culturally responsive practices and strategies.	Online	Spanish	12/1/26	6:00:00 PM	12	Western	Great Barrington	Maria Mejia	(413) 528-0298	Maria.Mejia@csoinc.org	12/1/26	Start date is subject to change	https://forms.cloud.microsoft/r/wtjmxGbMdq
10/29/2026 11:43:20	Active Parenting 4th Edition	All ages	Mothers, Fathers, & Families	Help your child develop habits that lead to lifelong success. Encouraging independence and a positive self image. Improve communication and reduce daily power struggles.	In Person	English	12/10/26	5:30:00 PM	3 days	Western	Holyoke	Yahaira Cruz	413-532-9300		12/9/26	We look forward to you joining!	
10/21/2026 14:18:15	Parenting Journey 1	All ages	Mothers, Fathers, & Families	In PJ, parents will have a chance to explore thier own childhood experiences and consider how it influences the way they parent today.	Online	English	1/14/27	12:00:00 PM	12 weeks	Central	Worcester	Cory Harmon	508-796-1411	yiwfcyouinc@sevenhills.org	1/5/27	Thursdays, from 12pm-2pm	
10/21/2026 14:21:42	Nurturing Fathers	All ages	Fathers	NF is a 13-week course that helps fathers develop positive parenting skills, strengthen father-child relationships, improve communication, and learn effective ways to support thier children's emotional and developmental needs.	Online	English	3/9/27	11:00:00 AM	13 Weeks	Central	Worcester	Jason Murphy	508-796-0119	JaMurphy@sevenhills.org	3/1/27	Tuesdays, 11am-1pm	
10/21/2026 14:59:46	Padres Carinosos (Nurturing Fathers)	All ages	Fathers	Padres Carinosos es un curso de 13 semanas, basado en evidencias, que ayuda a los padres a desarrollar habilidades de crianzo positivas, fortalecer la relacion con sus hijos, mejorar la comunicacion y aprender formas eficaces de apoyar las necesidades emocionales y de desarrollo de sus hijos.	Online	Spanish	3/10/27	11:00:00 AM	13 weeks	Central	Worcester	any staff	508-796-1411	yiwfcyouinc@sevenhills.org	3/1/27	Miercoles, 11am-1pm	
10/21/2026 15:03:54	Active Parenting of Teens	Middle School, High School	Teens	This course empowers parents and caregivers to navigate the challenges of the teen years while fostering positive family relationships.	Online	English	3/11/27	1:00:00 PM	6 weeks	Central	Worcester	any staff	508-796-1411	yiwfcyouinc@sevenhills.org	3/3/27	Thursdays, 1pm-3pm	
10/21/2026 14:36:47	Active Parenting 4th Edition	Elementary School, Middle School	Mothers, Fathers, & Families	AP4 is an evidence-based course for parents of children ages 5-12 years old. Topics covered: peer pressure, nonviolent discipline, problem solving methods, effective communication skills, bullying, and more!	Online	English	5/20/27	10:00:00 AM	6 Weeks	Central	Worcester	any staff	508-796-1411	yiwfcyouinc@sevenhills.org	5/11/27	Thursdays, 10am-11:30am	
10/21/2026 14:48:31	Paternidad Activa Los Primeros Cinco Anos (First Five Years)	Newborn to Preschool	Mothers, Fathers, & Families	Un curso de crianza basado en evidencia para cuidadores de ninos desde el nacimiento hasta los cinco anos.	Online	Spanish	6/1/27	12:00:00 PM	4 weeks	Central	Worcester	any staff	508-796-1411	yiwfcyouinc@sevenhills.org	5/24/27	Martes, de 12pm-2pm	
10/21/2026 15:06:30	Active Parenting of Teens	Middle School, High School	Mothers, Fathers, & Families	This course empowers parents and caregivers to navigate the challenges of the teen years while fostering positive family relationships.	Online	English	9/9/27	12:00:00 PM	6 weeks	Central	Worcester	any staff	508-796-1411	yiwfcyouinc@sevenhills.org	9/1/27	Tuesdays, 12pm-2pm	