

Timestamp	Name of Parenting Class (Please type the name of the Parenting Journey, Active Parenting, or Family Nurturing Center Curriculum)	Age ranges of children (click all that apply)	Who is this class for?	Small description of training.	Class Format	Language(s) Offered	Start Date/Time	Duration (Number of weeks)	Region	FRC	Contact Name to Register	Contact Phone #	Contact Email	Registration End Date	Notes	Registration Link
7/21/2026 14:49:00	Parenting in America	All ages	Mothers, Fathers, & Families	Parenting in America is a 12-week program offered through the Parenting Journey network that supports immigrant and culturally diverse parents in embracing their strengths while adapting to life in the United States.	In Person	Spanish	9/15/26 10:30:00 AM	12	Boston	Chelsea	Leslie Flores	617-437-8550		12/1/26	https://forms.office.com/9CT79-4T7W?wddm=6d4a4	
9/15/2026 14:42:08	Parenting Journey	All ages	Mothers, Fathers, & Families	Caregivers reflect on their own childhood and connect with others while developing their own parenting styles that align with their vision and values.	Online	English	10/26/26 6:00:00 PM	12	Central	Frammingham	Frammingham FRC	508-270-1313	FRC-INFO@weysideyouth.org	10/25/26	Monday evenings for 12 weeks	
9/29/2026 13:10:11	Nurturing Hope	All ages	Mothers, Fathers, & Families	This program empowers the parents and caregivers of children with special needs and health challenges (SNHC) by providing you with tools and parenting skills that make a difference. This online class covers numerous parenting topics that include understanding your parenting style, building a bond with your child, effective and nonviolent discipline for the early years, preventing problems, and getting your little one ready for school.	Online	English with Spanish & Haitian-Creole support	10/29/26 11:00:00 AM	4 (8 classes total held Tuesdays & Thursdays)	Boston	Dorchester-Mattapan	Evelyn Powell	857-839-0922	epowell@baystatehs.org	10/22/26	Class held 2x/week on Tuesday & Thursday. Participants should be able to hold a basic conversation in English.	
10/15/2026 10:21:20	Active Parenting 9-5	Newborn to Preschool	Mothers, Fathers, & Families	This online class covers numerous parenting topics that include understanding your parenting style, building a bond with your child, effective and nonviolent discipline for the early years, preventing problems, and getting your little one ready for school.	Online	English	10/29/26 11:00:00 AM	4	Southeast, Cape & Islands	Plymouth	Jazmin Kennedy	(774) 283-6531	jkennedy@baystatehs.org	10/28/26	This is a 2-hour online group that runs for 4 consecutive weeks.	
10/22/2026 9:43:49	Active Parenting: Cooperative Coparenting	All ages	Mothers, Fathers, & Families	Helps parents shield their children from parental conflict related to separation or divorce.	Online	English	10/31/26 12:00:00 PM	8	Western	Great Barrington	Shasta Bona	(413) 528-0298	Shasta.Bona@coinc.org	10/29/26	N/A	https://forms.cloud.microsoft/r/sgm92M44
9/9/2026 15:55:02	Active Parenting of Pre-teens and Teens	Middle School, High School	Mothers, Fathers, & Families	Discusses topics including mutual respect, consequences & responsibility, power struggles, drugs & alcohol, and sexuality & relationships.	Hybrid	English	11/3/26 11:00:00 AM	6 weeks	Central	Southbridge	Rachel Lamoureux	508-619-3590	SFRCSReferrals@sevenhills.org	10/23/26	This course will be offered Hybrid from 11am-1pm	
10/22/2026 9:30:05	Parenting Journey 1	All ages	Mothers, Fathers, & Families	The program helps parents explore the connection between how they were parented and how they are raising their own children while also promoting their own self-care strategies.	Online	English	11/4/26 12:00:00 PM	12	Western	Great Barrington	Chandra Rodrigues	(413) 528-0298	Chandra.Rodrigues@coinc.org	11/3/26	N/A	https://forms.cloud.microsoft/r/sgm92M44
9/9/2026 10:10:03	Active Parenting: First Five Years	Newborn to Preschool	Mothers, Fathers, & Families	This course will show you how to nurture your child with a "just right" combination of freedom and nonviolent discipline. You will learn how to understand your parenting style, building a bond with your child, preventing problems, getting your little one ready for school and so much more!	Online	English	11/16/26 4:00:00 PM	5	Southeast, Cape & Islands	Attleboro	Lynn Furtado	774-203-1516	Lfurtado@oldcolonynymca.org	11/9/26	N/A	
10/22/2026 9:35:32	Active Parenting: 4th Edition	Elementary School	Mothers, Fathers, & Families	A comprehensive parenting program helping parents of kids ages 5 to 12 raise responsible, cooperative children who can resist negative peer pressure and thrive.	Online	English	11/16/26 12:00:00 PM	6	Western	Great Barrington	Shasta Bona	(413) 528-0298	Shasta.Bona@coinc.org	11/13/26	N/A	https://forms.cloud.microsoft/r/sgm92M44
10/12/2026 10:50:44	Active Parenting First Five Years	Newborn to Preschool	Mothers, Fathers, & Families	Learn how to make the most of your child's first few years with Active Parenting: First Five Years, a evidence-based program for parents and other caregivers. This 4-week virtual course will cover topics such as the ages and stages of development, bonding with your child, your child's growing brain, mindfulness practices, effective discipline skills, preparing for school success, and so much more!	Online	English	11/30/26 9:30:00 AM	4	Boston	Chelsea	Harbor Area FRC	617-437-8550	harborareafrc@rehome.org	11/25/26	Please complete the registration link to express your interest and sign-up for the class: https://forms.cloud.microsoft/r/FKPT9ua9	https://forms.cloud.microsoft/r/FKPT9ua9
10/22/2026 9:41:56	Parenting in America	All ages	Mothers, Fathers, & Families	Parenting in America encourages parents to honor their cultural heritage while also helping them to develop new culturally responsive practices and strategies.	Online	Spanish	12/1/26 6:00:00 PM	12	Western	Great Barrington	Maria Mejia	(413) 528-0298	Maria.Mejia@coinc.org	12/1/26	Start date is subject to change	https://forms.cloud.microsoft/r/sgm92M44
10/21/2026 14:18:15	Parenting Journey 1	All ages	Mothers, Fathers, & Families	In P1, parents will have a chance to explore their own childhood experiences and consider how it influences the way they parent today. P1 is a 13-week course that helps fathers develop positive parenting skills, strengthen father-child relationships, improve communication, and learn effective ways to support their children's emotional and developmental needs.	Online	English	1/14/27 12:00:00 PM	12 weeks	Central	Worcester	Cory Hamon	508-796-1411	ylmfryouinc@sevenhills.org	1/5/27	Thursdays, from 12pm-2pm	
10/21/2026 14:21:42	Nurturing Fathers	All ages	Fathers		Online	English	3/9/27 11:00:00 AM	13 Weeks	Central	Worcester	Jason Murphy	508-796-0119	JaMurphy@sevenhills.org	3/1/27	Tuesdays, 11am-1pm	
10/21/2026 14:59:48	Padres Carreiros (Nurturing Fathers)	All ages	Fathers	Padres Carreiros es un curso de 13 semanas, basado en evidencias, que ayuda a los padres a desarrollar habilidades de crianza positivas, fortalecer la relación con sus hijos, mejorar la comunicación y aprender formas eficaces de apoyar las necesidades emocionales y de desarrollo de sus hijos.	Online	Spanish	3/10/27 11:00:00 AM	13 weeks	Central	Worcester	any staff	508-796-1411	ylmfryouinc@sevenhills.org	3/1/27	Mercados, 11am-1pm	
10/21/2026 15:03:54	Active Parenting of Teens	Middle School, High School	Teens	This course empowers parents and caregivers to navigate the challenges of the teen years while fostering positive family relationships.	Online	English	3/11/27 1:00:00 PM	6 weeks	Central	Worcester	any staff	508-796-1411	ylmfryouinc@sevenhills.org	3/3/27	Thursdays, 1pm-3pm	
10/21/2026 14:36:47	Active Parenting 4th Edition	Elementary School, Middle School	Mothers, Fathers, & Families	AP4 is an evidence-based course for parents of children ages 5-12 years old. Topics covered: peer pressure, nonviolent discipline, problem solving methods, effective communication skills, bullying, and more!	Online	English	5/20/27 10:00:00 AM	6 Weeks	Central	Worcester	any staff	508-796-1411	ylmfryouinc@sevenhills.org	5/11/27	Thursdays, 10am-11:30am	
10/21/2026 14:48:31	Paternidad Activa Los Primeros Cinco Años (First Five Years)	Newborn to Preschool	Mothers, Fathers, & Families	Un curso de crianza basado en evidencia para cuidadores de niños desde el nacimiento hasta los cinco años.	Online	Spanish	6/1/27 12:00:00 PM	4 weeks	Central	Worcester	any staff	508-796-1411	ylmfryouinc@sevenhills.org	5/24/27	Mones, de 12pm-2pm	
10/21/2026 15:06:30	Active Parenting of Teens	Middle School, High School	Mothers, Fathers, & Families	This course empowers parents and caregivers to navigate the challenges of the teen years while fostering positive family relationships.	Online	English	9/9/27 12:00:00 PM	6 weeks	Central	Worcester	any staff	508-796-1411	ylmfryouinc@sevenhills.org	9/1/27	Tuesdays, 12pm-2pm	