

Weekends	Name of Parenting Class (Please type the name of the Parenting Journal, Active Parenting, or Family Nurturing Center/Center(s))	Age ranges of children (tick all that apply)	Who is this class for?	Brief description of training.	Class Format	Language(s) Offered	Start Date	Time	Duration (Number of weeks)	Region	FRC	Contact Name to Register	Contact Phone #	Contact Email	Registration End Date	Notes
7/21/2026 14:40-09	Parenting in America	All ages	Mothers, Fathers, & Families	Parenting in America is a 12-week program offered through the Parenting Journey network that supports immigrant and culturally diverse parents in embracing their strengths while adapting to life in the United States.	In Person	Spanish	9/15/26	10:30:00 AM	12	Boston	Chelise	Lidia Flores	617-437-8550		12/1/26	https://www.frc-usa.org/US-PAF/Programs-Sol-PA
9/9/2026 11:38:38	Active Parenting of Teens	Middle School, High School	Mothers, Fathers, & Families	Active Parenting of Teens is a video & discussion program by parenting experts. 6 sessions packed with activities, discussion, homework examples, and feedback.	Online	English	10/1/26	5:00:00 PM	6	Western	Greenleaf	Sincerely, Patricia or Daphne Wright	413-475-1527 or 413-475-1517	spokane@communityaction.us or Dwight@communityaction.us	9/29/26	You'll learn a proven approach to parenting, indispensable techniques, and insights for community challenges.
9/9/2026 15:32:13	Active Parenting for five years	Neutem to Preschool	Mothers, Fathers, & Families	This 5-week course teaches parents and caregivers to achieve children with a balanced approach of freedom and consistent discipline, helping kids to start strong.	In Person	english	10/1/26	10:30:00 AM	5	Western	Greenleaf	Adam Martine Luna	413-475-1555	amartinezluna@communityaction.us	10/1/26	
9/22/2026 21:38:04	Active Parenting First Five Years	Neutem to Preschool	Mothers, Fathers, & Families	The Framingham Family Resource Center is offering a virtual Active Parenting First Five Years class designed to support parents and caregivers of young children. The curriculum varies between building positive relationships, understanding child development, and strengthening parent-child relationships.	Online	English	10/2/26	10:00:00 AM	4	Central	Framingham FRC	FRFC@maydayyouth.org	508-270-1313		10/1/26	Each Friday for 4 weeks from 10-12 starting October 2nd
9/23/2026 17:33:39	Boston Nurturing Fathers Program	All ages	Fathers	Training for fathers to gain tools for being a great Dad!	In Person	English, Spanish	10/3/26	11:00:00 AM	13	Boston	Boston	Robert Martinez	857-363-4338	rmartinez@bfrcma.org	10/16/26	Along with training sessions, participants may receive case management and other support services through the Boston Suffolk FRC.
3/13/2026 15:19:37	Active Parenting 4th Edition				Online	English	10/2/26	12:00:00 PM		Central	Flintburg	Juan Cruz	(876) 516-0542	jcruz@medcc.org	7/31/26	n/a
7/28/2026 10:53:26	Circle of Security	Neutem to Preschool	Mothers, Fathers, & Families	The Circle of Security® Parenting™ program is an evidence-based approach that helps parents and caregivers build strong, secure relationships with their children. Grounded in decades of research, the program provides practical tools to better understand children's emotional needs, strengthen attachment and support healthy social and emotional development.	In Person	English	10/6/26	10:00:00 AM	8	Southeast, Cape & Islands	Cape Cod	Sheena Miller	5083750410	sheena.miller@childrensacore.org	10/5/26	Registration through Childrens Core
7/21/2026 10:19:56	Active Parent 4th Edition	Elementary School, Middle School	Mothers, Fathers, & Families	A video-based, interactive program designed to some parents of children 6-12yo. Each session involves 10-15 videos, discussion, practice activities and homework (Parents Guide and Workbook).	Online	English	10/6/26	1:00:00 PM	6	Central	Flintburg	Juan Cruz	508-210-8820	jcruz@medcc.org	10/2/26	NA
9/14/2026 14:11:10	Active Parenting of Adolescents	Middle School, High School	Mothers, Fathers, & Families	Learn methods of respectful discipline, skills for clear, honest communication, concrete strategies to prevent risky behavior, how to be an encouraging parent. This training focuses on concepts of respect, management, affirmation, effective response, routines and limits.	Online	English	10/7/26	6:00:00 PM	6 weeks	Northeast	Salem	Jeannine Helen	978-298-8088	jhelene@afrc.org	10/6/26	Families must complete an intake with the Family Resource Center to register for the class.
9/22/2026 12:01:53	ABC (Attachment, Regulation and Competency)	All ages	Mothers, Fathers, & Families	This training focuses on concepts of respect, management, affirmation, effective response, routines and limits, and co-regulation. Participants will learn regulation skills to help strengthen their relationship with their children.	In Person	English	10/8/26	3:30:00 PM	6 weeks	Northeast	Liswell	Carrie Hamedarstan	978-455-0761	carriehamedarstan@gmail.com	10/2/26	NA
7/22/2026 15:29:24	Active Parenting 4th Edition	All ages	Mothers, Fathers, & Families	Explores simple, everyday ways parents can nurture courage, resilience, and self-esteem while encouraging independence and a positive self-image.	In Person	English	10/13/26	9:30:00 PM	1 day	Western	Holyoke	Yankee	413-532-9390		9/29/26	Looking forward to you joining us!
7/28/2026 10:58:03	Nurturing Fathers	All ages	Fathers	This interactive parenting group helps fathers develop positive parenting skills and attitudes through engaging discussions and activities. The program focuses on replacing ineffective parenting practices with nurturing, effective techniques that strengthen family relationships and promote healthy child development.	In Person	English	10/13/26	6:00:00 PM		Southeast, Cape & Islands	Cape Cod	Jason Gourline	5088155100	jsourthe@edcoincakes.org	10/12/26	Denver provided
8/28/2026 10:13:16	Nurturing Families	All ages	Mothers, Fathers, & Families	This 13-week program utilizes the Nurturing Families curriculum, an evidence-based program founded on the belief that parents need to first nurture themselves from within before they can become better to their role of nurturing parents. Families are engaged in lessons that encourage and support attitude and behavioral changes.	Online	English	10/14/26	5:00:00 PM	13	Southeast, Cape & Islands	Arlaboom	Sydney Williams	774-203-1516	williams@edcoincayncc.org	10/7/26	There's no registration fee but I linked our referral form. Just indicate the family is interested in the online nurturing families program.
3/13/2026 15:21:55	Active Parenting of Teens				Online	English	10/19/26	12:00:00 PM		Central	Flintburg	Kristin Cole	(876) 516-0542	kcole@medcc.org	9/28/26	n/a
8/25/2026 12:48:21	Active Parenting 4th Edition	Elementary School	Mothers, Fathers, & Families	Build stronger family relationships in this 4-week program for parents of children ages 5-12. • Positive Communication • Encouraging Good Behavior • Responsibility and Independence • School Success • And More!	In Person	English	10/19/26	4:00:00 PM	4 Week	Southeast, Cape & Islands	Blaclinton	Mayra	508-657-0272		10/16/26	Please call and ask for Mayra to register
7/23/2026 11:01:04	Active Parenting 4th Edition	All ages	Mothers, Fathers, & Families	Discover how to listen effectively, express expectations clearly, and build mutual respect while strengthening your connection with your child.	In Person	English	10/22/26	9:30:00 PM	1 Day	Western	Holyoke	Yankee	413-532-9390		10/8/26	Looking forward to you joining us!
9/15/2026 14:42:08	Parenting Journey	All ages	Mothers, Fathers, & Families	Complete a talk on their own childhood and connect with others, while developing their own parenting styles that align with their values and values.	Online	English	10/26/26	6:00:00 PM	12	Central	Framingham	Framingham FRC	508-270-1313	FRC-INFO@maydayyouth.org	10/25/26	Monday evenings for 12 weeks
9/9/2026 15:59:02	Active Parenting of Pre-teens and Teens	Middle School, High School	Mothers, Fathers, & Families	Discuss topics including mutual respect, consequences & responsibility, power struggles, drugs & alcohol, and sexuality & relationships.	Hybrid	English	11/3/26	11:00:00 AM	6 weeks	Central	Southbridge	Rachel Lamoreaux	508-410-3090	SFRCSouthbridge@seawhills.org	10/23/26	This course will be offered hybrid from 11am-1pm
9/9/2026 10:10:43	Active Parenting First Five Years	Neutem to Preschool	Mothers, Fathers, & Families	This course will show you how to nurture your child with a "just right" combination of freedom and consistent discipline. You will learn how to understand your parenting style, building a bond with your child, preventing problems, getting your life one ready for school and so much more!	Online	English	11/16/26	4:00:00 PM	5	Southeast, Cape & Islands	Arlaboom	Lynn Pardo	774-203-1516	L.Pardo@edcoincayncc.org	11/9/26	NA