

Event/Topic	Name of Parenting Class (Please type the name of the Parenting Journey, Active Parenting, or Family Nurturing class)	Age range of children (click all that apply)	Who is this class for?	Small description of training	Class Format	Language(s) Offered	Start Date	Time	Duration (Number of weeks)	Region	FRC	Contact Name to Register	Contact Phone #	Contact Email	Registration End Date	Notes
7/21/2026 14:45-15:00	Parenting in America	All ages	Mothers, Fathers, & Families	Parenting in America is a 12-week program offered through the Parenting Journey reflects that supports immigrant and culturally diverse parents in embracing their strengths while adapting to life in the United States. Becoming the best parent you can be by nurturing our children.	In Person	Spanish	9/15/26	10:30-12:00 AM	12	Bottom	Chelms	Lidia Flores	617-437-0550		12/1/26	https://www.cfmbo.com/ST/26-AT/187/online-94-46
8/25/2026 12:30-40	Nurturing Parenting	All ages	Mothers, Fathers, & Families	An eight-week course for parents regarding a separation or divorce. Learn ways to communicate with less conflict, support your children through family changes, and build a co-parenting plan that works for your family.	In Person	English	9/16/26	11:00-00 AM	12	Southeast, Cape & Islands	Pat River	Lilouina Huard	508-837-0842	lhuard@mta.org	9/14/26	n/a
8/25/2026 15:47-10	Cooperative Co-Parenting through Separation and Divorce	All ages	Mothers, Fathers, & Families	A 12-week program for fathers, fathers' groups, and men's parenting clubs. Participants strengthen parenting skills, build healthy relationships with children and co-parents and gain the confidence to lead with empathy and purpose.	In Person	English	9/17/26	5:00-00 PM	8 weeks	Central	Worcester	Cory Harmon, Lindsay Redman	508-786-1411	lhuard@mta.org	9/14/26	
8/25/2026 12:37-26	Nurturing Father	All ages	Fathers	The Nurturing Father Program is an evidence-based, 13-week training course designed to teach parenting and nurturing skills to men. Each 2-hour class provides proven, effective skills for healthy family relationships and child development.	In Person	English	9/17/26	5:30-00 PM	13 weeks	Southeast, Cape & Islands	Brockton	Claudia Guffa	508-857-0272	claudia.c@actonfamily.org	9/17/26	Link to 10 letters
9/10/2026 12:52-27	Nurturing Fathers	All ages	Fathers	The Nurturing Father Program is an evidence-based, 13-week training course designed to teach parenting and nurturing skills to men. Each 2-hour class provides proven, effective skills for healthy family relationships and child development.	Online	English	9/17/26	6:00-00 PM	13	Western	Cedar Rapids	Shirley Burt	613-326-0348	shirley.burt@actonfamily.org	9/17/26	All are welcome to join, regardless of location.
8/30/2026 12:17-39	Nurturing Fathers Program	All ages	Fathers	A 13-session, evidence-based curriculum teaching critical skills and proven strategies for managing feelings, communicating, problem-solving, and creating a nurturing environment.	Hybrid	English	9/20/26	10:30-00 AM	13	Central	Gastonia	Connor Collins@acton.org	978-730-1275	Connor.Collins@acton.org	9/18/26	NA
8/17/2026 8:50-29	Nurturing Fathers	All ages	Fathers	Focusing on the unique role of fathers allows men to examine the culture, relationships, and experiences that shape their parenting. Together, participants reflect on the positive and negative aspects of their own childhood experiences and reassess their role as men and fathers.	Hybrid	English	9/20/26	10:30-00 AM	13	Central	Gastonia	Tammy Gallo	978-730-1275 x 7880	Tammy.Gallo@acton.org & Connor.Collins@acton.org	9/17/26	The class is once a week on Mondays from 10:30-12:30 beginning September 21st. Please register at least a week before class begins.
9/3/2026 12:08-15	Active Parenting 4th Edition	Middle School	Mothers, Fathers, & Families	Active Parenting of children ages 7-12 years. Over the length of the course you will learn about seven strategies for school success.	Hybrid	English	9/22/26	9:30-00 AM	6	Central	Gastonia	Catherine Phillips@acton.org	978-730-1275	Catherine.Phillips@acton.org	9/18/26	NA
8/17/2026 9:54-34	Active Parenting 4th Edition	Elementary School, Middle School	Mothers, Fathers, & Families	Active Parenting of children ages 7-12 years. Over the length of the course you will learn about seven strategies for school success.	Hybrid	English	9/22/26	9:30-00 AM	6	Central	Gastonia	Catherine Phillips	978-730-1275 x 7870	Catherine.Phillips@acton.org & Meredith.Guerrero@acton.org	9/17/26	The class runs every Tuesday from 9:30-11:30am beginning September 22nd. Please register at least a week in advance.
8/17/2026 15:38-25	Nurturing Fathers	All ages	Fathers	Active Parenting of children ages 7-12 years. Over the length of the course you will learn about seven strategies for school success.	In Person	English	9/22/26	5:30-00 PM	13	Southeast, Cape & Islands	Quincy	Wallace Brown	617-481-0227 ext. 177	wbrown@actonfamily.org	9/18/26	NA
8/25/2026 11:14-30	Parenting Journey 1	All ages	Mothers, Fathers, & Families	Complete online course designed to teach parenting and nurturing skills to men. Each class provides proven, effective skills for healthy family relationships and child development.	In Person	English	9/23/26	3:00-00 PM	12 weeks	Northwest	Lewist	Jan Cuddy and Wendy Patena	978-658-0711	janecuddy@acton.org	9/18/26	NA
8/25/2026 13:11-38	Families in Action	Middle School, High School	Mothers, Fathers, & Families	Families in Action is a six-week program that brings parents and teens together to strengthen relationships and build a foundation for long-term family success. Through interactive group sessions, families connect, grow together and gain confidence in navigating the teen years.	In Person	English	9/23/26	4:00-00 PM	6 weeks	Southeast, Cape & Islands	Brockton	Susan	508-857-0272		9/18/26	Please ask for Susan to register
9/9/2026 11:38-38	Active Parenting of Teens	Middle School, High School	Mothers, Fathers, & Families	Active Parenting of Teens is a video & discussion program by parenting experts. 8 sessions packed with activities, discussion, real-world examples, and feedback.	Online	English	10/1/26	5:00-00 PM	6	Western	Greenfield	Severely Padine or Destine Wright	413-475-1527 or 413-475-1517	spadine@communityaction.us or DWright@communityaction.us	9/29/26	You'll learn a parent approach to parenting, indispensable techniques, and insights for nurturing children.
9/9/2026 15:32-13	Active Parenting first five years	Newborn to Preschool	Mothers, Fathers, & Families	The 5-week course teaches parents and caregivers to nurture children with a balanced approach of freedom and non-negotiable discipline, helping kids to start along.	In Person	English	10/1/26	10:30-00 AM	5	Western	Greenfield	Aida Martinez Luna	413-475-1555	amartinez@communityaction.us	10/1/26	
9/22/2026 21:30-04	Active Parenting First Five Years	Newborn to Preschool	Mothers, Fathers, & Families	The 5-week course teaches parents and caregivers to nurture children with a balanced approach of freedom and non-negotiable discipline, helping kids to start along.	Online	English	10/2/26	10:00-00 AM	4	Central	Panthersburg	FRC-NPO@northwestyouth.org	508-270-1313		10/1/26	Each Friday for 4 weeks from 10-12 starting October 2nd
3/13/2026 15:19-37	Active Parenting 4th Edition	All ages	Mothers, Fathers, & Families	Learn critical steps to support learning at home, build positive relationships with teachers, encourage responsibility, and help your child develop habits that lead to lifelong success.	Online	English & Spanish	10/5/26	12:00-00 PM		Central	Pittsburg	Juan Cruz	978-516-5042	juanc@acton.org	7/27/26	n/a
7/22/2026 10:58-09	Active Parenting 4th edition	All ages	Mothers, Fathers, & Families	Learn critical steps to support learning at home, build positive relationships with teachers, encourage responsibility, and help your child develop habits that lead to lifelong success.	Online	English	10/6/26	5:30-00 PM	1 Day	Western	Holyoke	Yankee	413-532-0000		9/22/26	Looking forward to you joining us!
7/28/2026 10:52-26	Circle of Security	Newborn to Preschool	Mothers, Fathers, & Families	The Circle of Security® program is an evidence-based approach that helps parents and caregivers build strong, secure relationships with their children. Grounded in decades of research, the program provides practical tools to better understand children's emotional needs, strengthen attachment, and support healthy social and emotional development.	In Person	English	10/6/26	10:00-00 AM	8	Southeast, Cape & Islands	Cape Cod	Shelene Miller	508/754-1010	shelene.miller@childrensworld.org	10/5/26	Registration through Children's Cove
7/31/2026 10:19-56	Active Parent 4th Edition	Elementary School, Middle School	Mothers, Fathers, & Families	A video-based, interactive program designed to serve parents of children 6-12 years.	Online	English	10/6/26	1:00-00 PM	6	Central	Pittsburg	Juan Cruz	508-216-9030	juanc@acton.org	10/5/26	NA
9/23/2026 12:01-53	ABC (Abuse, Neglect, Regulation and Competency)	All ages	Mothers, Fathers, & Families	Each session involves role plays, discussion, practice activities and homework. (Parents Guide and Workbook).	In Person	English	10/6/26	3:00-00 PM	6 weeks	Northwest	Lewist	Candice Horden	978-658-0701	candacehorden@acton.org	10/5/26	NA
7/22/2026 10:58-24	Active Parenting 4th Edition	All ages	Mothers, Fathers, & Families	This training focuses on caregiver affect management, attachment, affective responses, motives and needs, violence and co-parenting. Participants will learn regulation skills to help strengthen their relationship with their children.	In Person	English	10/13/26	5:30-00 PM	1 day	Western	Holyoke	Yankee	413-532-0000		9/26/26	Looking forward to you joining us!
7/28/2026 10:58-03	Nurturing Fathers	All ages	Fathers	Each session involves role plays, discussion, practice activities and homework. (Parents Guide and Workbook).	In Person	English	10/13/26	6:00-00 PM		Southeast, Cape & Islands	Cape Cod	Joann Gaudin	508/155-1500	jgaudin@childrensworld.org	10/12/26	Dinner provided
8/30/2026 10:13-16	Nurturing Families	All ages	Mothers, Fathers, & Families	The 13-week program utilizes the Nurturing Families curriculum, an evidence-based program founded on the belief that parents need to feel nurtured themselves from within before they can become better in their role of nurturing parents. Families are engaged in lessons that encourage and support attitude and behavioral changes.	Online	English	10/14/26	5:00-00 PM	13	Southeast, Cape & Islands	Attitash	Sydney Williams	774-203-1516	swilliams@actonfamilyma.org	10/17/26	There's no registration fee but I listed our referral form. Just indicate the family is interested in the online nurturing families program.
3/13/2026 15:21-35	Active Parenting of Teens	All ages	Mothers, Fathers, & Families	Build stronger family relationships in this 4-week program for parents of children ages 5-12.	Online	English	10/19/26	12:00-00 PM		Central	Pittsburg	Kristin Cole	978-516-5042	kcole@acton.org	9/28/26	n/a
8/25/2026 12:48-21	Active Parenting 4th Edition	Elementary School	Mothers, Fathers, & Families	1. Positive Communication 2. Encouraging Good Behavior 3. Responsibility and Independence 4. Praise and More	In Person	English	10/19/26	4:00-00 PM	4 Week	Southeast, Cape & Islands	Brockton	Maysa	508-857-0273		10/18/26	Please call and ask for Maysa to register
7/22/2026 11:01-04	Active Parenting 4th Edition	All ages	Mothers, Fathers, & Families	Discover how to listen effectively, express expectations clearly, and build mutual respect while strengthening your connection with your child.	In Person	English	10/22/26	5:30-00 PM	1 Day	Western	Holyoke	Rachel Lemoine	413-532-0000		10/26/26	Looking forward to you joining us!
9/9/2026 15:52-02	Active Parenting of Preteens and Teens	Middle School, High School	Mothers, Fathers, & Families	Discover topics including mutual respect, communication, responsibility, power struggles, drugs & alcohol, and sexuality & relationships.	Hybrid	English	11/3/26	11:00-00 AM	6 weeks	Central	Southbridge		508-519-2650	SFRChadwick@vernettsite.org	10/23/26	This course will be offered Hybrid from 11am-1pm
9/22/2026 10:10-07	Active Parenting: First Five Years	Newborn to Preschool	Mothers, Fathers, & Families	This course will show you how to nurture your child with a "Just Right" combination of freedom and consistent discipline. You will learn how to understand your parenting style, build a bond with your child, parenting problems, getting your kid ready for school and so much more!	Online	English	11/16/26	4:00-00 PM	5	Southeast, Cape & Islands	Attitash	Lynn Furlato	774-203-1516	L.Furlato@actonfamilyma.org	11/5/26	NA