

Country	Name of Parenting Class (Please type the name of the Parenting Journal, Active Parents, or Family Nurture)	Age range of children (0-18 or the adult)	Who is the class for?	Brief description of existing	Class Format	Language(s) Offered	Start Date	Time	Duration (number of weeks)	Region	ISC	Contact Name to Register	Contact Phone #	Contact Email	Registration End Date
732/0000 14-27-11	Nurture Fathers	All ages	Fathers	The Nurture Fathers Program (NFP) is a cognitive-behavioral training program that teaches men how to be nurturing and effective parents.	In Person	English	8/25/20	5:00-6:00 PM	10	Western	PH02nd	Jessica Sauter	415-438-6381	info@nurfathers.org	8/31/20
774/0000 14-27-12	Parenting Journal: In Person	All ages	Mothers, Fathers, & Families	Participants are encouraged to participate in a variety of activities that provide additional challenge to building strong positive relationships with their children while maintaining their identity, which can be both rewarding and daunting.	In Person	English	8/27/20	1:00-2:00 PM	14 weeks	Western	North Adams	Nancy & Anthony	415-437-7880	info@parentjournal.org	8/31/20
87/0000 14-67-14	Active Parenting of Teens	All ages	Mothers, Fathers, & Families	Active Parenting of Teens is a video and discussion program by parenting expert Dr. Michael Pappé, and show you how to be successful parent with children, education, homework examples, and feedback, you have a personal approach to parenting, you understand techniques and insights for connecting with children.	Hybrid	English	8/27/20	9:00-10:00 AM	7	Central	Central	Tanya Gable	478-724-1275 x 7880	Tanya.Gable@activeparents.org	8/24/20
602/0000 14-67-15	Nurturing Parenting: Motherhood Edition	All ages	Mothers, Fathers, & Families	An evidence-based online program designed to build nurturing parenting skills with topics to include communication, empathy, stress management and boundary-setting.	In Person	English	9/1/20	9:00-10:00 PM	10 weeks	Southwest, Cape & Islands	Western	Claudia Cunha	504-454-4773	claudia.cunha@nurturingparent.org	9/25/20
57/0000 15-05-22	Nurturing Parenting: Motherhood Edition	All ages	Mothers, Fathers, & Families	An evidence-based online program designed to build nurturing parenting skills with topics to include communication, empathy, stress management and boundary-setting.	In Person	English	9/1/20	4:30-5:30 PM	12	Southwest, Cape & Islands	Western	Claudia Cunha	504-457-0272	claudia.cunha@nurturingparent.org	9/25/20
714/0000 15-14-23	Nurturing Fathers Program	All ages	Fathers	Nurturing Fathers Group helps men develop nurturing attitudes and skills. This is a 14-week, group-based program, helps men experience and practice the very attitudes and skills that translate into nurturing behavior.	In Person	English	9/20/20	5:30-6:30 PM	14	Southwest, Cape & Islands	New Bedford	Susanann Cuddeback	508/884-4521 x750	susanann@nurturingfathers.org	9/15/20
704/0000 15-11-47	Parenting Journey 1	All ages	Mothers, Fathers, & Families	Parenting Journey 1 is a evidence based program to a program design to help you achieve your goals by: -Learn to make everyday decisions and challenging situations. -Build confidence and respect your individual needs. -Become more confident and optimistic about parenting your goals. -Increase your ability to nurture yourself and your children. -Build positive relationships with your children. -Learn about local resources available to you.	In Person	English	9/30/20	5:00-6:00 PM	10	Western	Syracuse	Maikel Torres/Yessica Garcia	731-733-7888 and 452-8350	mmartinez@parentjourney.org or yagarcia@parentjourney.org	9/10/20
704/0000 15-46-10	Parenting Journey	All ages	Mothers	An evidence-based program that helps parents build confidence, strengthen relationships, and create positive family connections. Each practical parenting tool, improve communication, and connect with other parents in a supportive, judgment-free environment.	In Person	English	9/30/20	5:30-6:30 PM	12	Western	Holbrook	Yahara	415-532-8900		8/20/20
703/0000 16-10-18	Parenting Journey	All ages	Mothers, Fathers, & Families	Identify strengths and increase resilience. Learn to make everyday decisions and challenging situations. Increase ability to nurture themselves and their children.	Online	English	9/30/20	5:00-6:00 PM	12	Western	Albuquerque, Quisque	Maria Patricia Cristoforo	505-263-3070	mpatricia@coastal.org	9/15/20
810/0000 17-13-34	Active Parenting 1-5	Western to Pre-school	Mothers, Fathers, & Families	Active Parenting First Five Years is an evidence-based curriculum designed to develop positive communication with babies and children, learn about signs and the stages of development from birth to age five, and encourage parents to prepare their children for school and learning.	Hybrid	English	9/30/20	10:00-10:30 AM	3 Weeks	Central	Southridge	Lillian Davis or Diane Zayas	505-519-2384	lillian@parentjournal.org or dlaya@parentjournal.org	8/24/20
814/0000 17-32-14	Parenting Journey 1	All ages	Mothers, Fathers, & Families	Parenting Journey 1 is a evidence-based program to a program design to help you achieve your goals by: -Learn to make everyday decisions and challenging situations. -Build confidence and respect your individual needs. -Become more confident and optimistic about parenting your goals. -Increase your ability to nurture yourself and your children. -Build positive relationships with your children. -Learn about local resources available to you.	Online	English	9/30/20	12:00-12:30 PM	6	Southwest, Cape & Islands	Tucson	Rosa Simon	774-201-0003 x785	rosasimon@parentjournal.org	8/27/20
430/0000 14-07-08	Parenting Journey	All ages	Mothers, Fathers, & Families	Parenting Journey 1 is a evidence-based program to a program design to help you achieve your goals by: -Learn to make everyday decisions and challenging situations. -Build confidence and respect your individual needs. -Become more confident and optimistic about parenting your goals. -Increase your ability to nurture yourself and your children. -Build positive relationships with your children. -Learn about local resources available to you.	Online	Spanish	9/30/20	12:00-12:30 PM	12	Central	Waukegan	Carleen Renee Gable	508-786-1411	johnny@parentjournal.org	8/24/20
814/0000 17-32-15	Parenting Journey	All ages	Mothers, Fathers, & Families	Parenting Journey 1 is a evidence-based program to a program design to help you achieve your goals by: -Learn to make everyday decisions and challenging situations. -Build confidence and respect your individual needs. -Become more confident and optimistic about parenting your goals. -Increase your ability to nurture yourself and your children. -Build positive relationships with your children. -Learn about local resources available to you.	Online	Spanish	9/30/20	2:00-3:00 PM	12 Weeks	Central	Southridge	Rebecca Lopez	508-719-2380	RebeccaLopez@parentjournal.org	8/20/20
850/0000 18-02-20	Parenting Journey 1	All ages	Mothers, Fathers, & Families	Supporting parents in understanding how their upbringing affects their parenting choices and behavior. An evidence-based, strengths-focused parenting program designed to help parents and caregivers build resilience, manage self-experiences, and strengthen family relationships.	Online	Spanish	9/30/20	2:00-3:00 PM	12 weeks	Central	Waukegan	Carleen	508-786-1411	johnny@parentjournal.org	8/24/20
51/0000 18-06-40	Parental Communication/Fathers	All ages		On programs de classe basados en la evidencia, desarrollo expectativas para padres. Cada programa ayuda a los padres a identificar habilidades de clase positiva, fortalecer las relaciones con sus hijos y mejorar sus habilidades y habilidades para disciplinar y la comunicación efectiva.	Online	Spanish	9/30/20	10:00-10:30 AM	13	Central	Waukegan	Samantha	508-786-0106	samantha@parentjournal.org	8/21/20
734/0000 18-06-42	Nurturing Fathers in Substance Abuse Recovery	All ages	Mothers, Fathers, & Families	Through guided discussion, reflection, and practical tools, participants learn research-backed strategies that promote healthy child development, improve family relationships, and create safe, stable, and supportive home environments.	In Person	English	9/14/20	5:00-6:00 PM	14 weeks	Northwest	Albany	Jessica Sauter	478-248-6588	jsauter@nurfathers.org	9/10/20
737/0000 18-46-10	Nurturing Fathers	All ages	Fathers	Parenting Club will support for parents and caregivers who are a parent or parent-to-be of substance abuse.	In Person	English	9/14/20	5:00-6:00 PM	13	Western	Albuquerque, Quisque	Nicole Lopez/Cory Frost	505-248-2070	nicole@parentjournal.org	9/1/20
810/0000 18-30-16	Nurturing Fathers	All ages	Fathers	Parents build 13 weeks training course designed to build parenting skills and enhance their relationship with their children.	Online	English	9/14/20	10:00-10:30 AM	13 weeks	Central	Southridge	Jessica Sauter	508-786-0106	jsauter@parentjournal.org	9/10/20
803/0000 18-40-27	Nurturing Fathers	All ages	Fathers	Nurturing Father is an evidence-based parent education program designed specifically for fathers and father figures. The course provides a supportive environment where participants can build parenting skills, strengthen relationships with their children, and develop a better understanding of how their own experiences and emotions affect their parenting.	Online	English	9/14/20	10:00-10:30 AM	10 weeks	Central	Waukegan	Ella Goss Agalar	508-786-1411	johnny@parentjournal.org	8/20/20
734/0000 14-46-00	Parenting in America	All ages	Mothers, Fathers, & Families	Parenting in America is a 12-week program offered through the Parenting Journey network that supports immigrant and culturally diverse parents in embracing their strengths while adapting to life in the United States.	In Person	Spanish	9/15/20	10:00-10:30 AM	12	Western	Chesapeake	Linda Flores	410-427-8500	linda.flores@parentjournal.org	9/10/20
734/0000 11-01-10	Parenting Journey in Recovery	All ages	Mothers, Fathers, & Families	10-week group: Nurturing parents in managing their recovery journey.	Online	English	9/15/20	11:00-11:30 AM	10	Western	Albany	Aria Bennett	415-264-6002	aria.bennett@parentjournal.org	9/1/20
803/0000 18-30-16	Nurturing Fathers	All ages	Mothers, Fathers, & Families	Parents build 13 weeks training course designed to build parenting skills and enhance their relationship with their children.	In Person	English	9/15/20	11:00-11:30 AM	12	Western	Chesapeake	Linda Flores	410-427-8500	linda.flores@parentjournal.org	9/10/20
803/0000 18-30-16	Nurturing Fathers	All ages	Mothers, Fathers, & Families	Parents build 13 weeks training course designed to build parenting skills and enhance their relationship with their children.	In Person	English	9/15/20	11:00-11:30 AM	12	Southwest, Cape & Islands	Fullerton	Laura Smith	562-902-1755	laura@parentjournal.org	9/10/20
803/0000 18-30-16	Nurturing Fathers	All ages	Mothers, Fathers, & Families	Parents build 13 weeks training course designed to build parenting skills and enhance their relationship with their children.	In Person	English	9/15/20	9:00-10:00 PM	8 weeks	Central	Waukegan	Cory Frost, Lindsay Hoffman	508-786-1411	johnny@parentjournal.org	9/10/20
803/0000 18-30-16	Nurturing Fathers	All ages	Fathers	The Nurture Fathers Program is an evidence-based, 12-week training course designed to build parenting and nurturing skills to men. Each 2-hour class provides proven, effective skills for healthy family relationships and child development.	Hybrid	English	9/15/20	10:00-10:30 AM	12	Central	Garner	Carleen Gable@parentjournal.org	478-724-1275	Carleen.Gable@parentjournal.org	9/10/20
873/0000 18-30-16	Nurturing Fathers	All ages	Mothers, Fathers, & Families	A 12-week, evidence-based training course designed to build parenting and nurturing skills to men. Each 2-hour class provides proven, effective skills for healthy family relationships and child development.	Hybrid	English	9/15/20	10:00-10:30 AM	12	Central	Garner	Tanya Gable	478-724-1275 x 7880	Tanya.Gable@parentjournal.org & Carleen.Gable@parentjournal.org	9/10/20
803/0000 18-30-16	Nurturing Fathers	All ages	Mothers, Fathers, & Families	Active Parenting of Children ages 5-10 years.	Hybrid	English	9/21/20	9:00-10:00 AM	6	Central	Garner	Catherine Phillips@parentjournal.org	478-724-1275	Catherine.Phillips@parentjournal.org	9/10/20
873/0000 18-30-16	Active Parenting 4th Edition	Elementary School, Middle School	Mothers, Fathers, & Families	Over the next 10 weeks, you will learn about your child's development, positive discipline, and communication techniques to help keep your family strong and healthy. These will be videos, discussions, and games from your facilitator to help you get the most from this learning experience.	Hybrid	English	9/22/20	9:00-10:00 AM	6	Central	Garner	Catherine Phillips	478-724-1275 x 7870	Catherine.Phillips@parentjournal.org & Meredith.Guerrero@parentjournal.org	9/10/20
841/0000 18-30-16	Nurturing Fathers	All ages	Fathers	An evidence-based course designed to help men parenting and nurturing skills to men. Each class provides proven, effective skills for healthy family relationships and child development.	In Person	English	9/22/20	5:00-6:00 PM	12	Southwest, Cape & Islands	Clarey	Wendee Breen	417-447-1221 ext. 127	wendee@parentjournal.org	9/10/20
803/0000 18-30-16	Active Parenting 4th Edition	All ages	Mothers, Fathers, & Families	Learn practical ways to support learning at home, build positive relationships with teachers, encourage responsibility, and help your child develop habits that lead to lifelong success.	Online	English	10/5/20	12:00-12:30 PM	1	Central	Flintburg	Joan Cruz	505-210-0402	joan@parentjournal.org	10/25/20
734/0000 18-30-16	Active Parenting 4th Edition	Western to Pre-school	Mothers, Fathers, & Families	The goal of this parenting program is to provide parents with the skills and knowledge to help their children develop positive relationships with their children. The program focuses on helping children develop positive relationships with their children. The program focuses on helping children develop positive relationships with their children.	In Person	English & Spanish	10/5/20	5:00-6:00 PM	1 Day	Western	Holbrook	Yahara	415-532-8900		8/25/20
734/0000 18-30-16	Active Parenting 4th Edition	Western to Pre-school	Mothers, Fathers, & Families	The goal of this parenting program is to provide parents with the skills and knowledge to help their children develop positive relationships with their children. The program focuses on helping children develop positive relationships with their children. The program focuses on helping children develop positive relationships with their children.	In Person	English	10/5/20	10:00-10:30 AM	8	Southwest, Cape & Islands	Cape Cod	Shawna Miller	508/787-0100	shawna.miller@parentjournal.org	10/25/20
734/0000 18-30-16	Active Parent 4th Edition	Elementary School, Middle School	Mothers, Fathers, & Families	A well-known, interactive program designed to help parents of children 6-10 years.	Online	English	10/5/20	1:00-2:00 PM	6	Central	Flintburg	Joan Cruz	505-210-0402	joan@parentjournal.org	10/25/20
734/0000 18-30-16	Active Parenting 4th Edition	All ages	Mothers, Fathers, & Families	Explore simple, everyday ways parents can reduce anxiety, depression, and self-esteem while encouraging independence and a positive self-image.	In Person	English	10/12/20	5:00-6:00 PM	1 day	Western	Holbrook	Yahara	415-532-8900	jsauter@parentjournal.org	8/24/20
734/0000 18-30-16	Nurturing Fathers	All ages	Fathers	This interactive parenting group helps fathers develop positive parenting skills and enhance their relationship with their children. The program focuses on helping fathers develop positive parenting skills and enhance their relationship with their children.	In Person	English	10/12/20	6:00-6:30 PM	1	Southwest, Cape & Islands	Cape Cod	Joan Cruz	508/787-0100	joan@parentjournal.org	10/25/20
803/0000 18-30-16	Active Parenting 4th Edition	All ages	Mothers, Fathers, & Families	Discover how to learn effectively, express expectations clearly, and build mutual respect while strengthening your connection with your child.	In Person	English	10/22/20	5:00-6:00 PM	1 Day	Western	Holbrook	Yahara	415-532-8900		10/25/20