

Name of Parenting Class (Please type the name of the Parenting Journey, Active Parenting, or Family Nurturing Center Connection)	Age ranges of children (list all that apply)	Who is this class for?	Short description of training	Class Format	Language(s) Offered	Start Date	Time	return Number of new FRC	Contact Name to Register	Contact Phone #	Contact Email	Registration End Date	Notes	Registration Link	
Parenting Journey 1	All ages		Parenting Journey 1	Online	eng	8/5/26	12:00:00 PM	12	Great Beington	Chandra	4153380288	Chandra.Rodriguez@pswinc.org	8/20/26	Wednesdays	https://www.familynurturing.org/pswinc/parenting-journey-1
Nurturing Fathers	All ages	Fathers		In Person	Spanish	8/11/26	5:00:00 PM	13	Lawrence	Yolanda Ocasio-Bouback	978-875-8800	Y.Ocasio@pswinc.org	8/10/26		
Nurturing Families	All ages		Family members learn how to build their nurturing skills and understanding of healthy development, appropriate expectations, and discipline with dignity	In Person	English	8/11/26	5:00:00 PM	15	Salem	Joanne Hoken	978-296-8088	jhoken@pswinc.org	8/10/26	Families must complete an intake with the Pathways Family Resource Center to register for the class.	
Nurturing Fathers	All ages	Fathers	The Nurturing Fathers Program (NFP) is a nine-session training program that teaches men how to be nurturing and supporting parents.	In Person	English	8/26/26	5:00:00 PM	16	Pittsford	Jermine Staton	415-448-8281	info@dayseema.org	8/21/26	5-7pm. Light dinner will be served each week.	
Parenting Journey in Recovery	All ages	Mothers, Fathers, & Families	Substance use disorders are complicated and difficult to recover from. Parents and caregivers living with addiction face the additional challenge of building strong positive relationships with their children while maintaining their recovery, which can be both rewarding and daunting.	In Person	English	8/27/26	1:30:00 PM	12 weeks	North Adams	Nancy Kennedy	415-663-7588	nkennedy@connection.org	8/27/26	Lunch and childcare provided	email: nkennedy@connection.org
Active Parenting of Teens	Middle School, High School	Mothers, Fathers, & Families	Active Parenting of Teens is a video and discussion program for parenting expert Dr. Michael Parent. All ages are welcome. In six sessions packed with activities, discussion, real-world examples, and feedback, you'll learn a proven approach to parenting, plus indispensable techniques and insights for overcoming obstacles.	Hybrid	English	8/27/26	9:30:00 AM	6	Gardner	Tammy Gato	978-730-1275 x 7880	Tammy.Gato@pswinc.org	8/24/26	Class runs for six weeks, every Thursday from 9:30am-11:30am	
Nurturing Parenting Motherhood edition	All ages		An evidence-based initiative designed to build nurturing parenting skills topics to include communication, empathy, stress management and bonding/attachment.	In Person	English	9/1/26	4:30:00 PM	13 weeks	Brockton	Claudia Cunha	508-436-4178	claudia.cunha@connection.org	8/25/26	The best contact way of contact is email.	
Nurturing Parenting Motherhood Edition	All ages		An evidence-based initiative designed to build nurturing parenting skills with topics to include communication, empathy, stress management & bonding/attachment.	In Person	English	9/1/26	4:30:00 PM	12	Brockton	Claudia Cunha	508-867-0272	claudia.cunha@connection.org	8/26/26	For registration you can contact Tawakea Bryant 508 - 897 - 5420 or Claudia Cunha 508-867-0272, email: claudia.cunha@connection.org or	
Nurturing Fathers Program	All ages	Fathers	Nurturing Fathers Group helps men develop nurturing attitudes and skills. This is a 14 week, group-based program, helps men experience and practice the very attitudes and skills that increase his nurturing behavior.	In Person	English	9/2/26	5:30:00 PM	14	New Bedford	Savannah Carbone	(508) 994-4521 x125	sacarbone@ninthstepnfb.org	9/1/26	Dinner provided as well as childcare	
Parenting Journey 1	All ages	Mothers, Fathers, & Families	Parenting Journey 1 is a evidence base program for a program design to help you achieve your goals to: - Identify your strengths and increase your nurturing - Learn to tackle everyday stressors and challenging situations - Build community and increase your support network - Become more confident and optimistic about achieving personal goals - Increase your ability to nurture yourself and your children - Build greater trust, empathy, and honesty - Learn about four resources available to you	In Person	English	9/3/26	5:00:00 PM	10	Springfield	Melanie Tawakea/Vanessa Garcia	415-733-7699 ext 4552	mtawakea@pswinc.org or vgarcia@pswinc.org	9/10/26	The class is from 5pm to 730pm. If you have any questions, please contact me as soon as possible.	
Parenting Journey	All ages	Mothers	An interactive program that helps parents build confidence, strengthen relationships, and create positive family connections. Gain practical parenting tools, improve communication, and connect with other parents in a supportive, judgment-free environment.	In Person	English	9/3/26	5:30:00 PM	12	Holyoke	Yahara	415-532-9300		8/20/26	We look forward to welcoming you!	
Parenting Journey	All ages	Mothers, Fathers, & Families	Identify strengths and increase resilience Learn to tackle everyday stressors and challenging situations Become more confident and optimistic about achieving personal goals Increase ability to nurture themselves and their children	Online	English	9/3/26	5:00:00 PM	12	Abol/North Quabbin	Nicole Perkins/Crystal Cowen	978-249-5070	n.perkins@pswinc.org	9/1/26	n/a	https://www.pswnet.com/2026/07/27/98193
Active Parenting 0-6	Newborn to Preschool	Mothers, Fathers, & Families	Active Parenting: First Five Years is an evidence-based curriculum designed to develop positive communication with babies and children, learn about ages and the stages of development from birth to age five, and encourage parents to prepare their children for school and learning.	Hybrid	English	9/3/26	10:00:00 AM	3 Weeks	Southbridge	Lilian David or Diana Zayas	508-619-3590	LDavid@severn hills.org or GD	8/24/26	Thursdays from 10:00am-12:00pm	
Parenting Journey 1	All ages	Mothers, Fathers, & Families	Parenting Journey held virtually from 12-1:30pm Tues and Thurs for 6 weeks	Online	English	9/8/26	12:00:00 PM	6	Taunton	Sade Simco	774-561-2833 x105	simsco@tdcounselingymca.org	8/27/26	This class is being held virtually twice a week on Tuesdays and Thursdays from 12-1:30 for 6 weeks.	call or email to register
Parenting Journey	All ages		Apoyando a los padres a comprender como influir en sus decisiones y comportamientos como padres.	Online	Spanish	9/8/26	12:00:00 PM	12	Worcester	Carmen Flores Garcia	508-796-1411	yflores@pswinc.org	9/6/26	N/A	
Parenting Journey	All ages	Mothers, Fathers, & Families	Una clase de 12 semanas, basada en evidencia científica, que ayuda a los padres a mejorar su confianza, comprender a su hijo/a, fortalecer su relación con sus hijos y adoptar enfoques efectivos y apropiados para la disciplina y la comunicación efectiva.	Online	Spanish	9/8/26	2:00:00 PM	12 Weeks	Southbridge	Rosanna Lopez	508-619-3590	RLopez@severn hills.org	8/28/26	Every Tuesday from 2:00pm-4:00pm	
			Un programa de ciencia basado en la evidencia, diseñado específicamente para padres. Este programa ayuda a los padres a desarrollar habilidades de comunicación, fortalecer su relación con sus hijos y adoptar enfoques efectivos y apropiados para la disciplina y la comunicación efectiva.												
Fathers Connection/Nurturing Fathers	All ages		A través de la discusión guiada, la reflexión y las experiencias prácticas, los participantes aprenderán estrategias equilibradas para investigar sus percepciones en desarrollo infantil saludable, mejorar las relaciones familiares y crear entornos hospitalarios, seguros y de apoyo.	Online	Spanish	9/9/26	10:00:00 AM	13	Worcester	Samantha	508-796-0128	sleone@severn hills.org	8/31/26	Mondays/Wednesdays, 10am-12pm	
			An evidence-based parenting program designed specifically for parents. This program helps parents develop positive parenting skills, strengthen relationships with their children, and adopt trusting and empathetic approaches to discipline and effective communication.												
			Through guided discussion, reflection, and practical tools, participants learn essential, balanced strategies that promote healthy child development, improve family relationships, and create safe, stable, and supportive home environments.												
Nurturing Families in Substance Abuse Recovery	All ages	Mothers, Fathers, & Families	Parenting Class and support for parents and caregivers who are in present or past recovery of substance abuse.	In Person	English	9/10/26	5:30:00 PM	12 weeks	Salem	Joanne Hoken	978-296-8088	jhoken@pswinc.org	9/10/26	Intake with the Pathways Family Resource Center is required.	
Nurturing Fathers	All ages	Fathers	This class will go through the 13 week Nurturing Fathers Curriculum.	In Person	English	9/14/26	5:00:00 PM	13	Abol/North Quabbin	Nicole Lynette/Crystal Cowen	978-249-5070	n.lynette@pswinc.org	9/11/26	Dinner and children's activities will be provided	https://www.pswnet.com/2026/07/27/98193
Nurturing Fathers	All ages	Fathers	Evidence based, 13-week training course designed to teach parenting and nurturing skills to men.	Online	English	9/14/26	10:00:00 AM	13 weeks	Southbridge	Joshua Morales	508-619-3590	JMorales@severn hills.org	9/7/26	Mondays from 10:00am-12:00pm	
Parenting in America	All ages	Mothers, Fathers, & Families	Parenting in America is a 12-week program offered through the Parenting Journey network that supports parents in enhancing their strengths while adapting to life in the United States.	In Person	Spanish	9/16/26	10:30:00 AM	12	Chelsea	Leslie Flores	617-437-8550		12/1/26	https://www.familynurturing.org/pswinc/parenting-journey-1	
Parenting Journey in Recovery	All ages	Mothers, Fathers, & Families	14 week group supporting parents in managing their recovery journey.	Online	English	9/16/26	11:00:00 AM	14	Andover	Anne Barnes	415-646-8297	anne.barnes@pswinc.org	9/11/26	n/a	
Nurturing Parents	All ages	Mothers, Fathers, & Families	In-person training about being Nurturing Parents.	In Person	English	9/16/26	11:00:00 AM	12	Fall River	Leticia Huertas	508-833-2842	lhurtas@pswinc.org	9/8/26	The class will be from 11am-1pm every Wednesday for 12 week.	
Nurturing Parenting	All ages	Mothers, Fathers, & Families	Empowers men how to be a nurturing parent.	In Person	English	9/16/26	11:00:00 AM	12	Fall River	Lily Huertas	508-867-1735	lhurtas@pswinc.org	9/11/26	Must have intake and AAPJ done before starting class.	
Nurturing Fathers Program	All ages	Fathers	The Nurturing Fathers Program is an evidence-based, 13-week training course designed to teach parenting and nurturing skills to men. Each 2-hour class provides proven, effective skills for healthy family relationships and child development.	Hybrid	English	9/21/26	10:30:00 AM	13	Gardner	Cornel Collins@pswinc.org	978-730-1275	Cornel.Collins@pswinc.org	9/18/26	NA	
			A 13-session, evidence-based curriculum teaching critical skills and proven strategies for managing feelings, communicating, problem-solving, and creating a nurturing environment.												
Nurturing Fathers	All ages	Fathers	Focusing on the unique role of fathers allows men to examine the culture, traditions, and experiences that shape their parenting. Together, participants reflect on the positive and negative aspects of their own childhood experiences and responses that role as men and fathers.	Hybrid	English	9/21/26	10:30:00 AM	13	Gardner	Tammy Gato	978-730-1275 x 7880	Tammy.Gato@pswinc.org & Cornel.Collins@pswinc.org	9/17/26	The class is once a week on Mondays from 10:30-12:30 beginning September 21st. Please register at least a week before class begins.	
Active Parenting 4th Edition	Middle School	Mothers, Fathers, & Families	Active Parenting of children ages 9-13 years.	Hybrid	English	9/22/26	9:30:00 AM	6	Gardner	Catherine Philips@pswinc.org	978-730-1275	Catherine.Philips@pswinc.org	9/18/26	NA	
Active Parenting 4th Edition	Elementary School, Middle School	Mothers, Fathers, & Families	Over the length of the course you will learn about seven strategies for school success, positive discipline, and communication techniques to help keep your family running smoothly. There will be videos, discussions, and guidance from your facilitator to help you get the most from this learning experience.	Hybrid	English	9/22/26	9:30:00 AM	6	Gardner	Catherine Philips	978-730-1275 x 7870 & Maricela.Guerra@pswinc.org	Catherine.Philips@pswinc.org	9/17/26	The class runs every Tuesday from 9:30-11:30am beginning September 22nd. Please register at least a week in advance.	
Active Parenting 4th Edition				Online	English	10/5/26	12:00:00 PM		Flushing	Juan Coto	(978) 516-0442	jcozo@pswinc.org	7/27/26	n/a	
Active Parenting 4th edition	All ages	Mothers, Fathers, & Families	Learn practical ways to support learning at home, build positive relationships with teachers, encourage responsibility, and help your child develop habits that lead to lifelong success.	In Person	English & Spanish	10/6/26	5:30:00 PM	1 Day	Holyoke	Yahara	415-532-9300		9/22/26	Looking forward to you joining us!	
Circle of Security	Newborn to Preschool	Mothers, Fathers, & Families	The Circle of Security® Parenting™ program is an evidence-based approach that helps parents and caregivers build strong, secure relationships with their children. Grounded in decades of research, the program provides practical tools to better understand children's emotional needs, strengthen attachment, and support healthy social and emotional development.	In Person	English	10/6/26	10:00:00 AM	8	Cape Cod	Sheena Miller	5083750410	sheena.miller@childrenswest.org	10/5/26	Registration through Childrens Cove	
Active Parent 4th Edition	Elementary School, Middle School	Mothers, Fathers, & Families	A video-based, interactive program designed to help parents of children 4-7 yrs. Each session involves role-play, videos, discussion, practice activities and homework (Parents Guide and Workbook).	Online	English	10/6/26	1:00:00 PM	6	Flushing	Juan Coto	508-210-9820	jcozo@pswinc.org	10/2/26	N/A	N/A
Active Parenting 4th Edition	All ages	Mothers, Fathers, & Families	Explore simple, everyday ways parents can nurture courage, resilience, and self-esteem while encouraging independence and a positive self-image.	In Person	English	10/13/26	5:00:00 PM	1 day	Holyoke	Yahara	415-532-9300		9/28/26	Looking forward to you joining us!	
Nurturing Fathers	All ages	Fathers	This interactive parenting group helps fathers develop positive parenting skills and attitudes through engaging discussions and activities. The program focuses on replacing ineffective parenting practices with trusting, effective techniques that strengthen family relationships and promote healthy child development.	In Person	English	10/13/26	6:00:00 PM		Cape Cod	Jason Groutine	5088155100	jgroutine@severn hills.org	10/13/26	Dinner provided	
Active Parenting of Teens				Online	English	10/19/26	12:00:00 PM		Flushing	Khalia Cole	(978) 516-0442	kcozo@pswinc.org	9/28/26	n/a	
Active Parenting 4th Edition	All ages	Mothers, Fathers, & Families	Discover how to listen effectively, express expectations clearly, and build mutual respect while strengthening your connection with your child.	In Person	English	10/22/26	5:30:00 PM	1 Day	Holyoke	Yahara	415-532-9300		10/8/26	Looking forward to you joining us!	