

Name of Parenting Class (Please use the name of the Parenting Journey, Active Parenting, or Family Nurturing Center Curriculum)																
Class Format	Language(s) Offered	Start Date	Duration (Number of weeks)	Time	Region	FRC	Location (if location is somewhere other than FRC)	Registration Link	Contact Name to Register	Contact Phone #	Contact Email	Registration End Date	Notes	Age ranges of children (check all that apply)	Small description of training	Who is this class for?
Parenting Journey 1	Online	English	5/26/26	12	10:00:00 AM	Western	Great Barrington	online	Chandra	4135280298	Chandra.Rodriguez@mcrcn.org	6/12/26	Tuesdays and Thursdays 10-11:30am	All ages	Parenting journey 1 on zoom, Tuesdays and Thursdays	
Nurturing Fathers	Online	English	6/11/26	13	6:00:00 PM	Northeast	Lynn	DCF and Lynn FRC	Chris Griebel	339-883-2401	cgriebel@centerhead.org	6/3/26	Our goal is to help fathers develop nurturing, healthy family relationships in a supportive and engaging environment.	All ages	The program is designed to strengthen fathers' parenting skills by building on their existing strengths and supporting positive involvement with their children.	
Active Parenting of Teens	Hybrid	English	6/15/26	8 weeks	10:00:00 AM	Western	Amherst	Amherst FRC and Zoom	Alexis Cruz	413-649-0287	acruz@mcrcn.org	6/12/26	N/A	All ages	Class for parents of teens that offers practical tools to handle challenges, improve communication and build positive relationships.	
Nurturing Fathers	In Person	English	6/17/26	13	4:00:00 PM	Southeast, Cape Cod, & Islands	Plymouth	433 S Court St Plymouth, MA 02360	James Kennedy	77412834531	jkennedy@thefutures.org	6/24/26	This group is ONLY IN PERSON, we can provide transportation to participants if transportation barriers exist. This course is being offered in partnership with Amherst FRC.	All ages	A 13 week group that meets in person at the Plymouth Family Resource Center to support fathers in strengthening their skills and building bonds with their children. Transportation can be provided if needed for individuals to join through Uber.	
Active Parenting First Five Years	Online	English	6/22/26	6	4:00:00 PM	Southeast, Cape Cod, & Islands	Taunton	virtual	Britney Frakes	774-661-2631 x13	bfra@mcrcn.org	6/17/26	N/A	Newborn to Preschool	Active parenting for children ages 0-5.	
Cooperative Parenting	In Person	English	7/7/26	8 weeks	2:00:00 PM	Western	North Adams	61 Main Street, Suite 218 North Adams	Renay Kennedy	413-643-7388	rkennedy@cooperation.org	7/7/26	Nearly both parents attend the class, but it is not necessary.	All ages	The overall emphasis of cooperative parenting is to offer children the opportunity to grow in a home environment free from being caught in the middle of their parents' conflict.	
Nurturing Fathers	Online	English	7/16/26	13	6:00:00 PM	Southeast, Cape Cod, & Islands	Woburn	virtual	Megan	774-203-1516	megan@mcrcn.org	7/6/26	N/A	All ages	This program opens the perspective of a father's role, parenting strategies and child development and building strong family relationships.	
Active Parenting of Teens	In Person	English	7/16/26	8	9:30:00 AM	Southeast, Cape Cod, & Islands	Attleboro	Attleboro Family Resource Center	Megan Barkow or Sydney Williams	774-203-1516	megan@mcrcn.org	7/30/26	N/A	Middle School, High School	Active Parenting of Teens is a program that will give you confidence and courage to meet the challenges and savor the joys of your children's teen years. The class is based on sound theories of children and adolescent development and it provides families with indispensable parenting help.	
Active Parenting First Five Years	Hybrid	English	7/26/26	6	9:30:00 AM	Central	Springer	255 School St, Suite 302 Gardner, MA 01905	Burrier Haggerty-Meaker or Kelly Meaker	978-256-5942	meaker@mcrcn.org	7/13/26	N/A	All ages	A comprehensive video-based discussion program for parents, early childhood staff, and caregivers of children ages birth to 5 that addresses child care, the stages of development, and more.	Mothers, Fathers, & Families
Cycle 4 Cooperative Coparenting Through Separation or Divorce	In Person	English	8/1/26		12:00:00 AM	Central	Worcester	20 Cedar street Worcester, MA 01609	Corey Hamon	508-796-1411	whf@mcrcn.org	8/1/26	start date and time TBD	All ages	This session evidence-based parenting course supports parents and caregivers navigating divorce or separation while prioritizing their children's emotional well-being and fostering cooperative co-parenting relationships.	
Active Parenting the First Five Years	Online	English	8/3/26		12:00:00 PM	Central	Rutburg	virtual	Dawn Norquest	878-116-6042	dnorquest@mcrcn.org	7/27/26	N/A	All ages		
Parenting Journey 1	Online	English	8/5/26	12	12:00:00 PM	Western	Great Barrington	online	Chandra	4135280298	Chandra.Rodriguez@mcrcn.org	8/20/26	Wednesdays	All ages	Parenting journey 1	
Nurturing Fathers	In Person	English	8/10/26		6:00:00 PM	Central	Rutburg	virtual	Corey Hamon	508-796-1411	whf@mcrcn.org	7/27/26	N/A	All ages	Families must complete an intake with the Family Resource Center to register for the class.	
Active Parenting of Teens	Online	English	8/10/26		12:00:00 PM	Central	Rutburg	virtual	Kristin Cole	878-116-6042	kcole@mcrcn.org	7/27/26	N/A	All ages		
Nurturing Families	In Person	English	8/11/26	15	5:00:00 PM	Northeast	Salem	Pathways for Children in Beverly	Jeanette Helen	978-296-8088	helen@pfcinc.org	8/18/26	N/A	All ages	Family members learn how to build their nurturing skills and understanding of healthy development, appropriate expectations, and discipline with clarity.	
Nurturing Parenting Motherhood Edition	In Person	English	9/1/26	12	4:30:00 PM	Southeast, Cape Cod, & Islands	Brockton	1041 Pearl St Sull L Brockton	Claudia Cunha	508-857-0272	claudia.cunha@brocktonccn.org	8/26/26	N/A	All ages	An evidence-based initiative designed to build nurturing parenting skills with topics to include communication, empathy, stress management & socialization.	
Parenting Journey	Online	Spanish	9/8/26	12	12:00:00 PM	Central	Worcester	N/A	Damen-Rivas Garcia	508-796-1411	whf@mcrcn.org	9/8/26	N/A	All ages	Apoyando a los padres a comprender cómo su crianza influye en sus hijos/as y a comprenderlos como padres.	
Padres Centricos/Nurturing Fathers	Online	Spanish	9/9/26	13	10:00:00 AM	Central	Worcester	online	Bianca	508-796-0176	bianca@mcrcn.org	8/31/26	Mondays/Wednesdays, 10am-12pm	All ages	Un programa de crianza basado en la evidencia, diseñado específicamente para padres. Este programa ayuda a los padres a desarrollar habilidades de crianza positivas, fortalecer las relaciones con sus hijos y adoptar enfoques efectivos y empáticos para la disciplina y la comunicación efectiva.	
Active Parenting of Teens	Online	English	10/6/26		12:00:00 PM	Central	Rutburg	virtual	Kristin Cole	878-116-6042	kcole@mcrcn.org	7/27/26	N/A	All ages	A través de la discusión guiada, la reflexión y herramientas prácticas, los participantes aprenden estrategias respaldadas por la investigación que promueven un desarrollo infantil saludable, mejoran las relaciones familiares y crean entornos hogareños seguros, estables y de apoyo.	
Active Parenting of Teens	Online	English	10/19/26		12:00:00 PM	Central	Rutburg	virtual	Kristin Cole	878-116-6042	kcole@mcrcn.org	8/26/26	N/A	All ages	An evidence-based parenting program designed specifically for parents. This program helps parents develop positive parenting skills, strengthen relationships with their children, and adopt nurturing and empathetic approaches to discipline and effective communication.	
Active Parenting of Teens	Online	English	10/19/26		12:00:00 PM	Central	Rutburg	virtual	Kristin Cole	878-116-6042	kcole@mcrcn.org	8/26/26	N/A	All ages	Through guided discussion, reflection, and practical tools, participants learn research-backed strategies that promote healthy child development, improve family relationships, and create safe, stable, and supportive home environments.	