



18 DEGREES
18DEGREESMA.ORG

Come check out our new 8-week group series for young adults ages 18 - 25!

Starts May 18, 2026

5:30 PM - 7:00 PM

@ YMCA on North Street in Pittsfield

Food provided and transportation available upon request

Topics Include:

Confidence & Identity

Coping Skills

Decision Making

Goal Setting

Independence Skills

Jobs, School & Money



CONNECT

Empowering Your Next Steps.



Family
Resource Centers

CONTACT: MADDISON ZINK
MZINK@18DEGREESMA.ORG

413-822-4059

OR: DAWN SYRKO

DSYRKO@18DEGREESMA.ORG

413-344-3721

INFO@18DEGREESMA.ORG