

# COOPERATIVE CO-PARENTING THROUGH SEPARATION & DIVORCE

Building respectful communication  
for healthier families

## COMING AUGUST 2026



**This in-person evidence-based parenting course supports parents and caregivers navigating divorce or separation while prioritizing their children's emotional well-being and fostering cooperative co-parenting relationships.**

### **Learn skills to:**

- Reduce conflict & work together
- Develop & maintain healthy boundaries
- Create consistency between households
- Communicate respectfully with your co-parent



**Register today!**

 **508-796-1411**

 **[yiwfrcyouinc@sevenhills.org](mailto:yiwfrcyouinc@sevenhills.org)**