



ACTIVE PARENTING™

4th edition



A video & discussion program for parents of children ages 5 to 12

We are proud to bring the acclaimed Active Parenting program directly to you!
This workshop will show you effective ways to...

- Use discipline that's calm and actually gets results
- Keep communication open and easy—before it gets tough
- Help your child build responsibility, confidence, and strong character
- Support your child's success at school with 7 simple steps
- Take steps now to help your child make safe and healthy choices as they grow up
- Learn how to avoid and ease power struggles with your kids
- Encourage your child to become more independent as they grow
- Trade the nagging for more smiles and positive moments with your kids

Call to Register: (508) 815-5100

- **6 Weeks on Thursdays**
- **Starting on SEPTEMBER 11th**
- **From 9 to 10:30 am (in-person)**
- **Location: Cape Cod FRC (29 Bassett Lane, Hyannis MA 02601)**

