

You're invited to attend:

# Active Parenting of Teens:)

For Parents of Teens and 'Tweens

**Active Parenting of Teens** will give you the guidance and support you need to turn the challenges of raising a teenager into opportunities for growth.

You'll learn:

- Methods of respectful discipline
- Skills for clear, honest communication
- Concrete strategies to prevent risky behavior
- How to be an encouraging parent

.. and much more, plus insight into important issues such as teens online, bullying, and depression.



**DATES:** MAY 29  
JUNE 05, 12, 26  
JULY 03  
12-2pm

**ONLINE  
CLASS**



**Call to Register:**  
**(508) 815.5100**



Active Parenting  
of **Teens :)**  
third edition

29 Bassett Lane Hyannis, MA 02601

[www.capecodfamilyresourcecenter.org](http://www.capecodfamilyresourcecenter.org)