

# Family Resource Centers

## A Valuable Support for Massachusetts Students and School Staff

### The Massachusetts Family Resource Centers (FRCs)

help families and individuals resolve challenges, strengthen their bonds, connect to others, and engage in their communities. They provide clinical and community support for children who are experiencing mental/behavioral health challenges by connecting them to a licensed mental health clinician and through programs and activities offered at the FRC.

**The FRC Network has locations in each of the 14 Massachusetts counties in 33 cities and towns and continues to expand.**

### Programs, services and supports offered:

- Parenting skills workshops
- Clinical mental health support
- Self-help groups
- Life skills programs
- Financial workshops
- Stress management workshops
- Grandparents groups
- Education programs
- Family events and activities
- Playgroups and youth programs
- Assistance with basic needs
- Arts, cultural, and sports events

**Each FRC includes a School Liaison**, who serves as a resource to families, schools and the community to help families navigate through educational and school-related concerns and needs and identify those in need of family support services.



[www.frcma.org](http://www.frcma.org)



### The team at every FRC also includes:

- **Program Director**, who manages contractual relationships, provides oversight and supports the staff in their work with families.
- **Program Manager**, who oversees day-to-day FRC operations and works with community partners.
- **Family Support Worker (FSW)**, who provides information and educational resources to families and students and referrals to community resources and supports such as basic needs, housing supports, and more.
- **Clinician**, who performs a trauma-informed intake, screening and assessment for youth and their families experiencing CRA-related issues.
- **Family Partner**, a person from the community with "lived experience" or familiarity with CRA-related issues.

FRCs are a statewide network born out of Chapter 240 of the Acts of 2012 to support families with children requiring assistance (CRA); or at risk of CRA.



## FRC Locations

**Your local FRC School Liaison is ready to work with you.**

Check out the list below to find the FRC closest to you.

### **Amherst**

**The Bridge Family Resource Center**

(413) 549-0297

### **Athol**

**North Quabbin Family Resource Center**

(978) 249-5070

### **Attleboro**

**Attleboro Family Resource Center**

(774) 203-1516

### **Barnstable/Hyannis**

**Cape Cod Family Resource Center**

(508) 815-5100

### **Brockton**

**The Family Center – Community Connections of Brockton**

(508) 857-0272

### **Chelsea**

**Harbor Area Family Resource Center**

(617) 437-8550

### **Dorchester/Mattapan**

**Dorchester-Mattapan Family Resource Center**

(617) 313-2010

### **Everett**

**Everett Family Resource Center**

(781) 581-4750

### **Fall River**

**Family Resource Center, Family Service Assoc.**

(508) 567-1735

### **Fitchburg**

**MOC Fitchburg Family Resource Center**

(978) 516-5042

### **Framingham**

**Framingham Family Resource Center**

(508) 270-1313

### **Gardner**

**Gardner Family Resource Center**

(978) 730-1275

### **Great Barrington**

**Great Barrington Family Resource Center**

(413) 528-0298

### **Greenfield**

**Community Action Family Center**

(413) 475-1555

### **Holyoke**

**Enlace de Familias, Family Resource Center**

(413) 532-9300

### **Lawrence**

**Family & Community Resource Center**

(978) 975-8800

### **Lowell**

**NFI Family Resource Center of Greater Lowell**

(978) 455-0701

### **Lower Roxbury**

**Boston-Suffolk County Family Resource Center**

(617) 469-8501

### **Lynn**

**Family Forward Resource Center Centerboard**

(339) 883-2401

### **Nantucket**

**Nantucket Family Resource Center**

(508) 221-0193

### **New Bedford**

**The Family Resource and Development Center**

(508) 994-4521

### **North Adams**

**North Adams Family Resource Center**

(413) 663-7588

### **Oak Bluffs/ Martha's Vineyard**

**Island Wide Youth Collaborative**

(508) 693-7900 x406

### **Pittsfield**

**18 Degrees**

(413) 442-5333

### **Plymouth**

**Plymouth Family Resource Center**

(774) 283-6531

### **Quincy**

**Quincy Family Resource Center**

(617) 481-7227

### **Salem**

**Pathways Family Resource Center – Salem**

(978) 296-8080

### **Southbridge**

**YOU Inc. – Southbridge Family Resource Center**

(508) 519-3590

### **Springfield**

**Gándara Center – Springfield Family Resource Center**

(413) 733-7699

### **Taunton**

**Taunton Family Resource Center**

(774) 501-2633

### **Ware**

**Ware Family Resource Center at Behavioral Health Network**

(413) 277-6601

### **Westfield**

**Westfield Family Resource Center**

(413) 417-2020

### **Worcester**

**YOU, Inc. – Worcester Family Resource Center**

(508) 796-1411

For more information about the FRCs, visit

**[www.frcma.org](http://www.frcma.org),**

or email

**[frchelp@umassmed.edu](mailto:frchelp@umassmed.edu).**