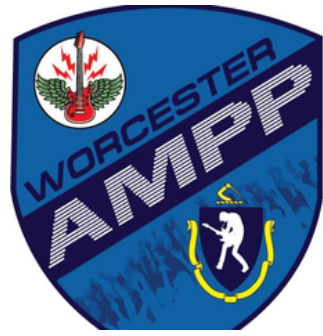


May 2026



Arts & Music Police Partnership (AMPP)

AMPP is an afterschool program, led by our local Worcester Police Department, that offers a safe environment for high school students to come and explore their creativity through music and art.

Mondays, Wednesdays, & Fridays
3:00pm-6:00pm



Book Club

Love reading and looking to connect with others who share your passion?

Reach out today and join the club!

Contact us:

508-796-1411

yiwfrcyouinc@sevenhills.org



Housing Clinic

Join us virtually to connect directly with RCAP Solutions and CMHA. Get assistance navigating RAFT and other housing-related applications.

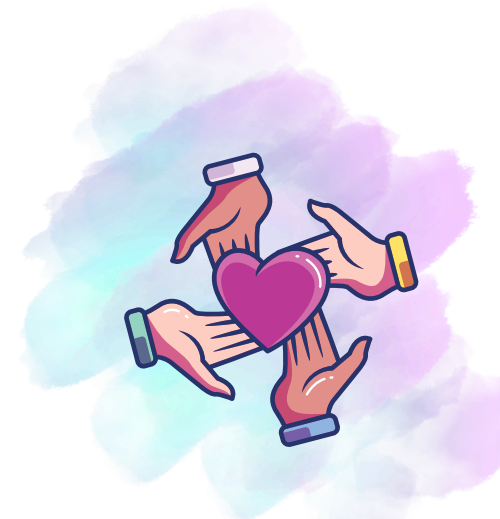
*Register, to receive link to attend
Thursdays, 1:30pm-2:30pm



Parent/Child Playgroup

Come join the WFRC and WFP for an engaging playgroup filled with fun activities and opportunities to socialize with other children and caregivers!

Fridays 10:00am-11:30am



IKIGAI Support Group Unidos por el Amor

Connect with other (Spanish speaking) parents raising children with special needs.

Once monthly, registration required

3:30pm-5:30pm



Mother's Day Brunch

Come join us at the WFRC to celebrate Mother's Day! Brunch will be served, and crafts for mom's and their children will be available to do or take home.

RSVP!

Saturday, May 9th
11am-1pm



Yoga Class

For all family members!

Explore the transformative potential of breath and movement through the practice of yoga.

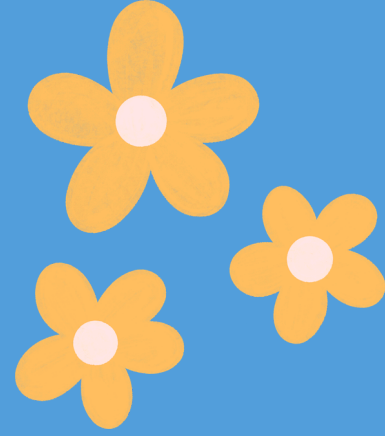
1st Saturday of each month, at 10:00am










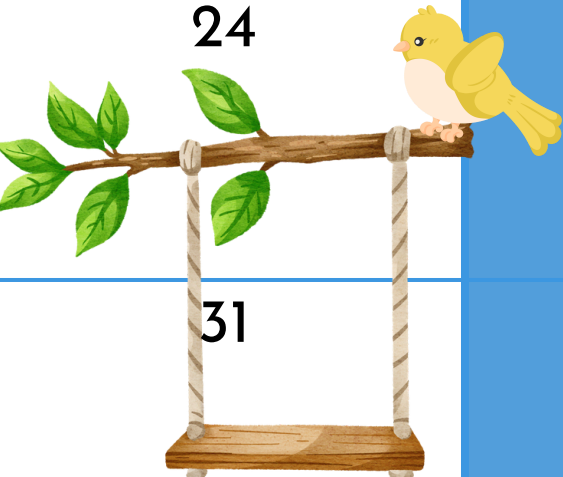



Grandparents Raising Grandchildren Group

Join us at our next GRG Group for an opportunity to connect with fellow grandparents and kinship caregivers.

1st and 3rd Friday of each month
9:30am-11:00am



May 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 GRG Support Group 9:30am Playgroup 10am-11:30am AMPP 3pm-6pm	2 Yoga 10am 	3
4 AMPP 3pm-6pm	5 Nurturing Fathers [8/13] 	6 AMPP 3pm-6pm	7 Virtual Housing Clinic 1:30pm-2:30pm	8 Playgroup 10am-11:30am AMPP 3pm-6pm	9 Mother's Day Brunch 11am-1pm 	10 Happy Mother's Day 
11 AMPP 3pm-6pm	12 Nurturing Fathers [9/13]	13 AMPP 3pm-6pm	14 Virtual Housing Clinic 1:30pm-2:30pm	15 GRG Support Group 9:30am Playgroup 10am-11:30am AMPP 3pm-6pm	16	17
18 AMPP 3pm-6pm 	19 Nurturing Fathers [10/13] Parenting Journey	20 AMPP 3pm-6pm	21 Virtual Housing Clinic 1:30pm-2:30pm	22 Playgroup 10am-11:30am AMPP 3pm-6pm	23 IKIGAI 11am 	24 
25 	26 Nurturing Fathers 11/13]	27 AMPP 3pm-6pm	28 Virtual Housing Clinic 1:30pm-2:30pm Book Club 	29 Playgroup 10am-11:30am AMPP 3pm-6pm	30 	31 