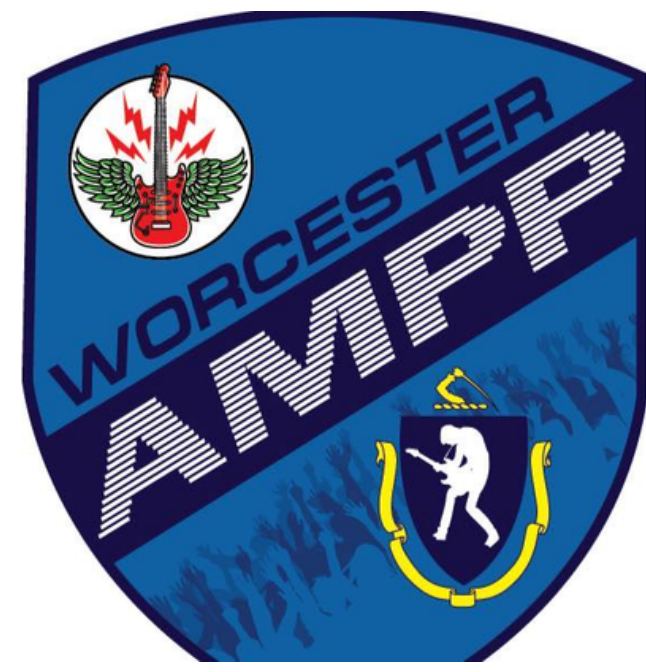




JULY 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Active Parenting 4 th Ed. [6 of 6] AMPP 3pm-6pm	2 Virtual housing clinic 1:30pm-2:30pm	3 GRG Support Group 9:30am-11am Playgroup 10am-11:30am	 4 th of July	5 Office closed
6	7 Parenting Journey [8 of 12]	8 AMPP 3pm-6pm	9 Virtual housing clinic 1:30pm-2:30pm	10 Playgroup 10am-11:30am	11 Yoga 10am Wellness Fair 11am-1pm	12 Office closed
13	14 Parenting Journey [9 of 12]	15 AMPP 3pm-6pm	16 Virtual housing clinic 1:30pm-2:30pm	17 Playgroup 10am-11:30am	18 Office closed	19 Office closed
20 	21 Parenting Journey [10 of 12]	22 AMPP 3pm-6pm	23 Virtual housing clinic 1:30pm-2:30pm	24 GRG Support Group 9:30am-11am Playgroup 10am-11:30am	25 IKIGAI 11am	26 Office closed
27 	28 Parenting Journey [11 of 12] Book Club 11:30am	29 AMPP 3pm-6pm	30 Virtual housing clinic 1:30pm-2:30pm	31 Playgroup 10am-11:30am		



Arts & Music Police Partnership (AMPP)

AMPP is an afterschool program, led by our local Worcester Police Department, that offers a safe environment for high school students to come and explore their creativity through music and art.

Mondays, Wednesdays, & Fridays
3:00pm-6:00pm



Book Club

Love reading and looking to connect with others who share your passion? Reach out today and join the club!

Last Tuesday of each month, at 11:30am



Housing Clinic

Join us virtually to connect directly with RCAP Solutions and CMHA. Get assistance navigating RAFT and other housing-related applications.

*Register, to receive link to attend
Thursdays, 1:30pm-2:30pm



Parent/Child Playgroup

Come join the WFRC and Worcester Family Partnership for an engaging playgroup filled with fun activities and opportunities to socialize with other children and caregivers!

Fridays 10:00am-11:30am



IKIGAI Support Group Unidos por el Amor

Connect with other (Spanish speaking) parents raising children with special needs.

Once monthly, registration required

3:30pm-5:30pm

Wellness Fair

Take time for YOU!

Nourish your body, calm your mind, and connect with our community! Fruit bar, Zentangle, Yoga, and more!!

Saturday, July 11th
11am-1pm



Yoga Class

For all family members!

Explore the transformative potential of breath and movement through the practice of yoga.

1st Saturday of each month, at 10:00am



Grandparents Raising Grandchildren Group

Join us at our next GRG Group for an opportunity to connect with fellow grandparents and kinship caregivers.

1st and 3rd Friday of each month
9:30am-11:00am