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FEBRUARY 2026



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
							1 Office closed
	• AMPP (3-6pm)	2	3 • AMPP (3-6pm)	4 • Virtual housing clinic • AMPP (3-6pm)	5 • AMPP (3-6pm) • Family Play Group 10:00am-11:30am	6 • Postures for life Yoga for health 	7 8 Office closed
	• AMPP (3-6pm)	9 Valentines' Day chocolate candy activity	10 • AMPP (3-6pm)	11 • Virtual housing clinic • AMPP (3-6pm)	12 • Grandparent and Kinship caregiver support group • Family Play Group 10:00am-11:30am	13 • Ikigai Unidos por el Amor support group 	14 15 Office closed
	• Presidents day office closed 	16 17	18 • AMPP (3-6pm)	19 • Virtual housing clinic • AMPP (3-6pm)	20 • AMPP (3-6pm) • Family Play Group 10:00am-11:30am •	21 Office closed	22 Office closed
	• AMPP (3-6pm)	23	24 • AMPP (3-6pm)	25	26 • Virtual housing clinic • AMPP (3-6pm)	27 Office closed	28

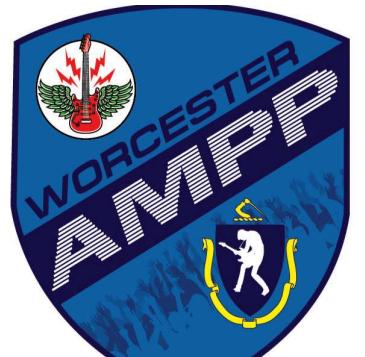
February,
2026

Call or Email

508-796-1411

wfrc@youinc.org

for information or to register



AMPP

Arts and Music Police Partnership

Free art and music program for teens
ages 14-17 run by the Worcester Police
Department.

Mondays, Wednesdays, & Fridays
3:00pm-6:00pm



508 C.H.E.E.R.S

A youth empowerment program designed to
uplift young individuals through mentorship,
community service, mutual aid projects, and the
creation of growth pathways.

Wednesdays, Thursdays, & Fridays
4:00pm-8:00pm



Housing Clinic

Join us virtually to connect directly with RCAP Solutions and CMHA.

Get assistance navigating RAFT and other housing-related
applications.

*Register, to receive link to attend.

Thursdays 2:30pm-3:30pm



IKIGAI Support Group Unidos por el Amor

Connect with other (Spanish speaking) parents raising
children with special needs.

Once monthly registration required

3:30pm-5:30pm



Yoga Class

For all family members!

Explore the transformative potential of breath and movement
through the practice of yoga.

1st Saturday of each month 10:00am



Parent/Child Playgroup

Come join the WFRC and WFP for an engaging
playgroup filled with fun activities and
opportunities to socialize with other children and
caregivers!

Fridays 10:00am-11:30am