



2025

12



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<div><ul style="list-style-type: none"><li>AMPP (3-6pm)</li><li>Nurturing Fathers</li></ul></div> <div>1</div>	<div><div>2</div></div>	<div><ul style="list-style-type: none"><li>AMPP (3-6pm)</li><li>508 C.H.E.E.R.S. (4PM-8PM)</li></ul></div> <div>3</div>	<div><ul style="list-style-type: none"><li>Virtual housing clinic (2:30-3:30pm)</li><li>508 C.H.E.E.R.S. (4PM-8PM)</li></ul></div> <div>4</div>	<div><ul style="list-style-type: none"><li>AMPP (3-6pm)</li><li>508 C.H.E.E.R.S. (4PM-8PM)</li></ul></div> <div>5</div>	<div><ul style="list-style-type: none"><li>Postures for life Yoga for health</li></ul></div> <div>6</div>	<div>hello winter</div> <div>7</div>
<div><ul style="list-style-type: none"><li>Nurturing Fathers</li><li>AMPP (3-6pm)</li></ul></div> <div>8</div>	<div><ul style="list-style-type: none"><li>Rising Stars Tues (3:30pm-4:30pm) Biweekly</li></ul></div> <div>9</div>	<div><ul style="list-style-type: none"><li>AMPP (3-6pm)</li><li>508 C.H.E.E.R.S. (4PM-8PM)</li></ul></div> <div>10</div>	<div><ul style="list-style-type: none"><li>Virtual housing clinic (2:30-3:30pm)</li><li>508 C.H.E.E.R.S. (4PM-8PM)</li></ul></div> <div>11</div>	<div><ul style="list-style-type: none"><li>AMPP (3-6pm)</li><li>508 C.H.E.E.R.S. (4PM-8PM)</li></ul></div> <div>12</div>	<div>Office closed</div> <div>13</div>	<div>Office closed</div> <div>14</div>
<div><ul style="list-style-type: none"><li>Nurturing Fathers</li><li>AMPP (3-6pm)</li></ul></div> <div>15</div>	<div></div> <div>16</div>	<div><ul style="list-style-type: none"><li>AMPP (3-6pm)</li><li>508 C.H.E.E.R.S. (4PM-8PM)</li></ul></div> <div>17</div>	<div><ul style="list-style-type: none"><li>Virtual housing clinic (2:30-3:30pm)</li><li>508 C.H.E.E.R.S. (4PM-8PM)</li></ul></div> <div>18</div>	<div><ul style="list-style-type: none"><li>AMPP (3-6pm)</li><li>508 C.H.E.E.R.S. (4PM-8PM)</li></ul></div> <div>19</div>	<div><ul style="list-style-type: none"><li>Ikigai Unidos por el Amor support group</li></ul></div> <div>20</div>	<div>21</div>
<div><ul style="list-style-type: none"><li>AMPP (3-6pm)</li><li>Nurturing Fathers</li></ul></div> <div>22</div>	<div><ul style="list-style-type: none"><li>Rising Stars Tues (3:30pm-4:30pm) Biweekly</li></ul></div> <div>23</div>	<div><ul style="list-style-type: none"><li>AMPP (3-6pm)</li><li>508 C.H.E.E.R.S. (4PM-8PM)</li></ul></div> <div>24</div>	<div>Office Closed</div> <div>25</div>	<div><ul style="list-style-type: none"><li>AMPP (3-6pm)</li><li>508 C.H.E.E.R.S. (4PM-8PM)</li></ul></div> <div>26</div>	<div>Office closed</div> <div>27</div>	<div>Office closed</div> <div>28</div>
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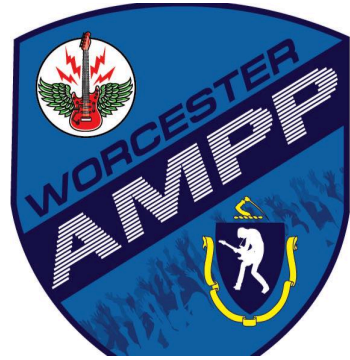
# December, 2025

**Call or Email**

508-796-1411

wfrc@youinc.org

for information or to register



### **AMPP**

Arts and Music Police Partnership

Free art and music program for teens  
ages 14-17 run by the Worcester Police  
Department.

Mondays, Wednesdays, & Fridays  
3:00pm-6:00pm



### **508 C.H.E.E.R.S**

A youth empowerment program designed to  
uplift young individuals through mentorship,  
community service, mutual aid projects, and the  
creation of growth pathways.

Wednesdays, Thursdays, & Fridays  
4:00pm-8:00pm



### **Housing Clinic**

Join us virtually to connect directly with RCAP Solutions and CMHA.  
Get assistance navigating RAFT and other housing-related  
applications.

\*Register, to receive link to attend.

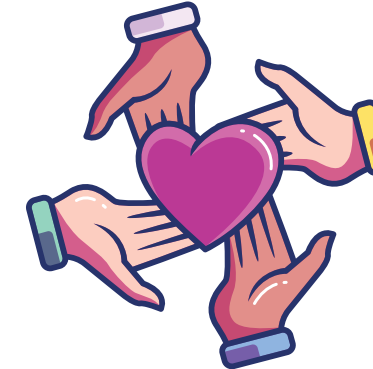
Thursdays 2:30pm-3:30pm



### **Parent/Child Playgroup**

Come join the WFRC and WFP for an engaging  
playgroup filled with fun activities and  
opportunities to socialize with other children and  
caregivers!

Fridays 10:00am-11:30am



### **IKIGAI Support Group Unidos por el Amor**

Connect with other (Spanish speaking) parents raising  
children with special needs.

Once monthly registration required

3:30pm-5:30pm



### **Rising Stars Group**

Supportive group designated for middle school students ages  
11-13. The group focuses on positive youth development  
through a fun and balanced mix of physical, creative, and  
discussion-based activities.

1st and 3rd Tuesday of each month  
3:30pm-4:30pm



### **Yoga Class**

For all family members!

Explore the transformative potential of breath and movement  
through the practice of yoga.  
1<sup>st</sup> Saturday of each month 10:00am



### **Padres Cariñosos**

¡La participación de un padre tiene un  
gran impacto en la vida de un niño!  
Conéctese con otros padres y aprenda  
nuevas habilidades para apoyar el  
bienestar, la seguridad y la autoestima  
de sus hijos.