

# May 2026

| MONDAY  | TUESDAY                          | WEDNESDAY  | THURSDAY                     | FRIDAY                                     | SATURDAY              | SUNDAY   |
|---|----------------------------------|--|------------------------------|--|-----------------------|--|
|   |                                  |  |                              | 1  | 2<br>OPEN<br>10AM-1PM | 3  |
| 4 VILLAGE CLOSET<br>10:30AM-1PM<br>GRG SUPPORT<br>GROUP<br>5PM-6:30PM                                   | 5 RECOVERY<br>DHARMA<br>5PM-6PM  | 6 FAIR HOUSING<br>INFO SESSION<br>12PM-1PM<br>FAMILY FUN NIGHT<br>5PM-6:30PM | 7 YOUTH GROUP<br>3PM-4:30PM  | 8  | 9                     | 10  |
| 11  | 12 RECOVERY<br>DHARMA<br>5PM-6PM | 13 FAMILY FUN<br>NIGHT<br>5PM-6:30PM   | 14 YOUTH GROUP<br>3PM-4:30PM | 15 PLAY LEARN<br>PARENT/CHILD<br>10AM-11AM | 16 OPEN<br>10AM-1PM   | 17   |
| 18 VILLAGE CLOSET<br>10:30AM-1PM<br>GRG SUPPORT<br>GROUP<br>5PM-6:30PM                                  | 19 RECOVERY<br>DHARMA<br>5PM-6PM | 20 FAMILY FUN<br>NIGHT<br>5PM-6:30PM   | 21 YOUTH GROUP<br>3PM-4:30PM | 22   | 23                    | 24   |
| 25 <br><i>Closed</i> | 26 RECOVERY<br>DHARMA<br>5PM-6PM | 27 FAMILY FUN<br>NIGHT<br>5PM-6:30PM   | 28 YOUTH GROUP<br>3PM-4:30PM | 29   | 30                    | 31   |

## EVIDENCE-BASED PARENTING GROUPS

### PARENTING JOURNEY IN RECOVERY:

A 12-WEEK STRENGTH-BASED PARENTING COURSE THAT FOCUSES ON SUPPORTIVE PARENTING FOR CAREGIVERS IN RECOVERY. THIS COURSE DIVES, INTO STRENGTHENING PARENT-CHILD RELATIONSHIP, BUILDING CONFIDENCE, AND FAMILY STABILITY. YOU WILL JOIN OTHER PARENTS IN A CALM, SAFE PLACE TO FOSTER WELL-BEING AND TO NAVIGATE STEPS IN THEIR JOURNEY.

### NURTURING FAMILIES IN RECOVERY TREATMENT:

A 12-WEEK STRENGTH-BASED SUPPORTIVE PARENTING COURSE DESIGNED TO FOCUS ON THE IMPACT OF ADDICTION ON PARENTING, FOSTERING CONNECTIONS BETWEEN PARENTS AND CHILD. JOIN OTHER PARENTS IN A SUPPORTIVE, CONFIDENTIAL SPACE TO LEARN NEW SKILLS AND ENHANCE WELL BEING IN RECOVERY.

### ACTIVE PARENTING 0-5:

THIS IS A FOUR-WEEK EVIDENCE-BASED CURRICULUM DESIGNED TO EMPOWER PARENTS WITH EDUCATION ON THE FIRST FIVE YEARS OF THEIR CHILD'S LIFE, AND DEVELOPMENT. CLASSES ARE OFFERED IN PERSON OR VIRTUALLY, IN A 4-WEEK, ONCE-A-WEEK FORMAT.

### ACTIVE PARENTING OF TEENS:

A 6-WEEK COURSE, SPECIFICALLY FOCUSED ON PARENTS AND CAREGIVERS OF 13-18-YEAR-OLD CHILDREN. THE COURSE FOCUSES THE SKILLS AND TECHNIQUES NEEDED.

**HOURS:**  
**MONDAY-WEDNESDAY:**

**9 AM-7 PM**

**THURSDAY:**

**9 AM-5 PM**

**FRIDAY:**

**9 AM-4 PM**

**FIRST SUNDAY OF THE MONTH :**

**10 AM-1 PM**

**THIRD SUNDAY OF THE MONTH:**

**10 AM-1 PM**

 **ADDRESS:**  
**16 GEORGE ST**  
**WESTFIELD, MA 01085**

 **PHONE NUMBER:**  
**413-471-2020**



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**> REGISTER NOW**



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*Culturally Sensitive Care*



**Family**  
**Resource Centers**

## PEER SUPPORT GROUPS

### GRANDPARENTS RAISING GRANDCHILDREN:

A SUPPORTIVE GROUP FOR GRANDPARENTS AND KINSHIP CAREGIVERS RAISING GRANDCHILDREN. SHARE EXPERIENCES, BUILD CONNECTIONS, AND LEARN PRACTICAL STRATEGIES TO SUPPORT CHILDREN WHILE CARING FOR YOUR SELF.

### TEENS SUPPORT GROUP:

#### ROOTED & RISING:

A SUPPORT GROUP FOR THE YOUTH AGES 14-17. THIS IS A WEEKLY SAFE SPACE FOR YOUTH TO BUILD COMMUNITY, LEARN METHODS OF SELF CARE, CONNECT AND CREATE.

### RECOVERY DHARMA:

A PEER-LED GROUP THAT USES THE PRACTICES OF MEDITATION, SELF-INQUIRY, WISDOM, COMPASSION AND COMMUNITY AS TOOLS FOR RECOVERY HEALING.

### ARTS & CRAFT

A SUPPORTIVE ENVIRONMENT FOR CREATIVE ACTIVITIES AND CRAFTS AIMED TO BUILD PEER CONNECTIONS AND POSITIVE EXPRESSION.

### FAMILY FUN NIGHT

BETWEEN SCHOOL DROP OFF, EXTRA CURRICULAR ACTIVITIES, WORK AND OTHER COMMITMENTS LIFE CAN GET HECTIC. JOIN US AT FAMILY FUN NIGHT AND LEAVE THE COOKING AND FAMILY FOCUSED ACTIVITIES TO US!

**VILLAGE CLOSET TRIPS**  
**MAY 4, 2026 10:30AM-1PM**  
**MAY 18, 2026 10:30AM-1PM**