

Family Resource Centers

A Valuable Support for Massachusetts Students and School Staff

The Massachusetts Family Resource Centers (FRCs)

help families and individuals resolve challenges, strengthen their bonds, connect to others, and engage in their communities. They provide clinical and community support for children who are experiencing mental/behavioral health challenges by connecting them to a licensed mental health clinician and through programs and activities offered at the FRC.

The FRC Network has locations in each of the 14 Massachusetts counties in 33 cities and towns and continues to expand.

Programs, services and supports offered:

- Parenting skills workshops
- Clinical mental health support
- Self-help groups
- Life skills programs
- Financial workshops
- Stress management workshops
- Grandparents groups
- Education programs
- Family events and activities
- Playgroups and youth programs
- Assistance with basic needs
- Arts, cultural, and sports events

Each FRC includes a School Liaison, who serves as a resource to families, schools and the community to help families navigate through educational and school-related concerns and needs and identify those in need of family support services.



www.frcma.org



The team at every FRC also includes:

- **Program Director**, who manages contractual relationships, provides oversight and supports the staff in their work with families.
- **Program Manager**, who oversees day-to-day FRC operations and works with community partners.
- **Family Support Worker (FSW)**, who provides information and educational resources to families and students and referrals to community resources and supports such as basic needs, housing supports, and more.
- **Clinician**, who performs a trauma-informed intake, screening and assessment for youth and their families experiencing CRA-related issues.
- **Family Partner**, a person from the community with "lived experience" or familiarity with CRA-related issues.

FRCs are a statewide network born out of Chapter 240 of the Acts of 2012 to support families with children requiring assistance (CRA); or at risk of CRA.



FRC Locations

Your local FRC School Liaison is ready to work with you.

Check out the list below to find the FRC closest to you.

Amherst

**The Bridge Family
Resource Center**

(413) 549-0297

Athol

**North Quabbin Family
Resource Center**

(978) 249-5070

Attleboro

**Attleboro Family
Resource Center**

(774) 203-1516

Barnstable/Hyannis

**Cape Cod Family
Resource Center**

(508) 815-5100

Brockton

**The Family Center –
Community Connections
of Brockton**

(508) 857-0272

Chelsea

**Harbor Area Family
Resource Center**

(617) 437-8550

Dorchester/Mattapan

**Dorchester-Mattapan
Family Resource Center**

(617) 313-2010

Everett

**Everett Family
Resource Center**

(781) 581-4750

Fall River

**Family Resource Center,
Family Service Assoc.**

(508) 567-1735

Fitchburg

**MOC Fitchburg Family
Resource Center**

(978) 516-5042

Framingham

**Framingham Family
Resource Center**

(508) 270-1313

Gardner

**Gardner Family
Resource Center**

(978) 730-1275

Great Barrington

**Great Barrington
Family Resource Center**

(413) 528-0298

Greenfield

**Community Action
Family Center**

(413) 475-1555

Holyoke

**Enlace de Familias,
Family Resource Center**

(413) 532-9300

Lawrence

**Family & Community
Resource Center**

(978) 975-8800

Lowell

**NFI Family Resource
Center of Greater
Lowell**

(978) 455-0701

Lower Roxbury

**Boston-Suffolk County
Family Resource Center**

(617) 469-8501

Lynn

**Family Forward
Resource Center
Centerboard**

(339) 883-2401

Nantucket

**Nantucket Family
Resource Center**

(508) 221-0193

New Bedford

**The Family Resource and
Development Center**

(508) 994-4521

North Adams

**North Adams Family
Resource Center**

(413) 663-7588

**Oak Bluffs/
Martha's Vineyard**

**Island Wide Youth
Collaborative**

(508) 693-7900 x406

Pittsfield

18 Degrees

(413) 442-5333

Plymouth

**Plymouth Family
Resource Center**

(774) 283-6531

Quincy

**Quincy Family
Resource Center**

(617) 481-7227

Salem

**Pathways Family
Resource Center –
Salem**

(978) 296-8080

Southbridge

**YOU Inc. –
Southbridge Family
Resource Center**

(508) 519-3590

Springfield

**Gándara Center –
Springfield Family
Resource Center**

(413) 733-7699

Taunton

**Taunton Family
Resource Center**

(774) 501-2633

Ware

**Ware Family Resource
Center at Behavioral
Health Network**

(413) 277-6601

Westfield

**Westfield Family
Resource Center**

(413) 417-2020

Worcester

**YOU, Inc. –
Worcester Family
Resource Center**

(508) 796-1411

For more information about the FRCs, visit
www.frcma.org