



NOTES

Enlace de Familias Resource Center
299 MAIN STREET, HOLYOKE, MA 01040
PHONE: 413-532-9300

HOURS OF OPERATION

- MONDAY - TUESDAY - WEDNESDAY 9AM - 7PM
- THURSDAY & FRIDAY 9AM - 5PM
- 2ND & 4TH SATURDAY 10AM - 12PM
- CLOSED 10/13 INDIGENOUS PEOPLES

Disclaimer: Families can be serviced outside of posted hours by scheduling an appointment in advance.

PLEASE CALL (413)532-9300 TO REGISTER

- NEW SPANISH PARENT GROUP 1PM-2PM
- ENGLISH CLASS 10AM - 12PM
- FATHER'S PRGM 5PM - 7PM
- ACTIVE PARENTING 10AM - 12PM
- GRANDPARENT'S (GRG) 1030AM - 1130AM
- FOSTERPARENT'S SUPPORT 6PM - 8PM
- HOUSING WORKSHOP 10AM - 12PM
- COOKING CLASS 10AM - 12PM
- YOGA SUPPORT GROUP 10AM - 11AM
- STEERING COMMITTEE 1PM - 2PM
- SCHOOL ATTENDANCE 930AM-1130AM
- HOC YOUTH CENTER 2PM - 430PM
- COMMUNITY DEFENSE 5PM - 7PM

SUN	MON	TUE	WED	THU	FRI	SAT
			1 HOUSING GRG HOC ACTIVE PARENTS	2 ENGLISH CLASS	3 VOTE!	4 REGISTER TO VOTE BLOCK PARTY ARMOUR YARD 11-3PM
5	6 FATHERS PRGM	7 ENGLISH CLASS RAISING A READER 230PM ZUMBA 6PM	8 ACTIVE PARENTS HOC COMM DEFENSE	9 ENGLISH CLASS	10 	11 YOGA PEER SUPPORT GROUP
12	13 CLOSED 	14 ENGLISH CLASS RAISING A READER 230PM ZUMBA 6PM	15 HOC COOKING CLASS YOUTH TASK FORCE 1230PM ACTIVE PARENTS	16 ENGLISH CLASS FOSTER PARENTS	17 BARRIO BOOGIE TRUNK OR TREAT ARMOUR YARD 4-8PM	18
19	20 FATHERS PRGM	21 RAISING A READER 230PM ENGLISH CLASS STEERING COMM ZUMBA 6PM	22 GRG HOC COMM DEFENSE ACTIVE PARENTS	23 *NEW* PARENTS GROUP SPANISH ENGLISH CLASS	24 STORYTIME	25 YOGA PEER SUPPORT GROUP
26	27 FATHERS PRGM	28 HOUSING ENGLISH CLASS RAISING A READER 230PM ZUMBA 6PM	29 GRG HPS ATTENDANCE MEETING HOC ACTIVE PARENTS	30 ENGLISH CLASS FOSTER PARENTS SUPPORT GROUP	31	

More Information on programming on the back page.



SUPPORT GROUPS

Parent/Guardian Support:

An in-person support group, held every other Thursday, for guardians struggling to support children with social, emotional and behavioral challenges

Grandparent's Raising Grandchildren Support:

Come join us every other Friday as we make space to connect, learn from & grow with other Grandparents like you!



A safe space for LGBTQ youth ages 13 to 24 years old.

HOC is youth lead and directed with a focus on youth development and living healthy, safe lives. Join us Monday - Thursday from 1pm - 5pm for drop-in hours!

STORYTIME



Tune in with us one a month for Virtual Storytime!

Here we offer a read along opportunity to parents and children on our Youtube page. If you are looking for books to read at home, feel free to reach out to us!



Enlace de Familias

Holyoke Family Network

299-301 Main St.
Holyoke MA 01040
413-532-9300

Free resources, support and events for the whole family!

****Call us today to set up an appointment****

OUR SCHEDULE:

Monday 9:00am - 7:00pm
Tuesday 9:00am - 5:00pm
Wednesday 9:00am - 7:00pm
Thursday 9:00am - 7:00pm
Friday 9:00am - 5:00pm
every other Saturday 10:00am - 12:00pm



Scan QR code above for direct access to our facebook page!



PARENTING GROUPS

Nurturing Fathers Program:

A 15-week evidence-based program for Fathers who would benefit from developing parenting & nurturing skills that will positively impact the family

Active Parenting Group:

An 8-week program focused on strengthening the relationship between coparents in an effort to reduce conflict and create cohesive understand through positive approaches.

Mother's Parenting Journey:

A 6 week program designed to help mothers increase their self-care practices, raise awareness of past and present factors that influence parenting styles

Referrals for programming & services can be sent to referrals@enlacedefamilias.org

UPCOMING PROGRAMS



- Parent Groups - Register by calling or emailing: referrals@enlacedefamilias.org
- Virtual Storytime on our Enlace de Familias Youtube page
- Cooking Classes
- Housing Application Workshops

If you are in need of any after hours or weekend support, please let us know and we can book an appointment with you!