

90 Federal St. Greenfield MA
413.475.1555 Se habla Espanol
www.communityaction.us/family-center

ALL PROGRAMS ARE FREE
We are a MA Family Center
& MA Family Resource Center



Find us on
Facebook

MONDAY
9AM-6PM

TUESDAY
9AM-6PM

WEDNESDAY
9AM-4PM

THURSDAY
9AM-6PM

FRIDAY
9AM-3 PM

SATURDAY
9AM-12PM



New Baby, New Feelings
10-11

Lil' Buddies
Caregivers Clubhouse
11:30-12:30

Grandparents Raising
Grandchildren
12-1
1

CLOSED

2

REACH Playgroup
10-11:30

FRC Youth Advisory
during
Youth Group
2:30-4

Parenting Journey I
5-7
4

Play & Learn 10 -11

Project Connect:
Parent Series 4:30-6

Nurturing Fathers 6-8
5

Community Partner
& Provider
Open House
10:00-12:30
6

Windows & Mirrors
Playgroup
10-11

Youth Cooking Club
3:30-5

Juguemos En Espanol
4:30-5:45
7

Infant CPR Workshop
during
New Baby, New Feelings
10-11

Child/Adult CPR
Workshop
during
Lil' Buddies
Caregivers Clubhouse
11:30-12:30
8

FC SATURDAY

Special Needs Family
Alliance
10:30-11:30

Open Playroom
9:30-11:30
9

REACH Playgroup
10-11:30

Youth Group
2:30-4

Parenting Journey I
5-7
11

Play & Learn 10 -11

Parent Chat during
Family Lunch
11:45-12:15

Project Connect:
Parent Series 4:30-6

Nurturing Fathers 6-8
12

Drop-In
Support By
appointment
9-12
13

Windows & Mirrors
Playgroup
10-11

Foster Care Support
Group
5:30-6:30
14

New Baby, New Feelings
10-11

Lil' Buddies
Caregivers Clubhouse
11:30-12:30

Grandparents Raising
Grandchildren
12-1
15

CLOSED

16

REACH Playgroup
10-11:30

Youth Group
2:30-4

Parenting Journey I
5-7
18

Play & Learn 10 -11

Nurturing Fathers 6-8
19

Drop-In
Support By
appointment
9-12

Greenfield
SEPAC
5-6:30
20

Windows & Mirrors
Playgroup
10-11

Family Paint Night
4:30-6
21

New Baby, New Feelings
10-11

Lil' Buddies
Caregivers Clubhouse
11:30-12:30
22

FC SATURDAY

Open Playroom
9:30-11:30
23

**AGENCY
CLOSED**

25

Play & Learn 10 -11

Caregiver Kitchen
4:30-5:45

Nurturing Fathers 6-8
26

Drop-In
Support By
appointment
9-12

Virtual
Community
Advisory
3-4
27

Windows & Mirrors
Playgroup
10-11


Juguemos En Espanol
4:30-5:45
28

New Baby, New Feelings
10-11

Lil' Buddies
Caregivers Clubhouse
11:30-12:30
29

CLOSED

Visit our table @
**MUSICA
& Franklin
Fun Fest**
1-5
30



Looking for help?
Scan to make a
referral

Call to make an
appointment for
individual support.

**DROP-IN SUPPORT
HOURS**
Monday 10-1
Tuesday 10-1
Thursday 10-1
Friday 10-1
Saturday 2nd & 4th
9:30-11:30



**Family
Paint
Night**

May 21
Thursday
4:30-6 PM

Join us for a night
of art-making,
creativity, and for
the whole family!

ALL PROGRAMS ARE FREE

ONGOING PROGRAMMING

WHOLE FAMILY ACTIVITIES

FAMILY LUNCH - Join us every 2nd Tuesday for an interactive prepared meal and the opportunity to socialize with other Family Center families.

WHOLE FAMILY NIGHT - A night for the whole family! Story time literacy event for children ages 0-8 years old, makers space activities for tweens, teens and their caregivers. No registration required. Dinner provided.

Every month on the 3rd Thursday 4:30-5:30

FC SATURDAYS - 2nd & 4th Saturday Drop in for individual family support or have fun in the Open Playroom.

STOP & PLAY - Reserve & enjoy exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or buddies to explore, play & read.

PLAYGROUPS

Weekly free Parent/Child playgroups from infancy through age 6. Come play, practice skills, read stories, and make new friends!

** Snack Provided ** No pre-registration required.**

REACH UP! Mondays 10-11:30AM

Play & Learn - Tuesdays 10-11AM

Windows & Mirrors - Thursdays 10-11AM

SUPPORT GROUPS

Light Snacks & Childcare provided. Transportation support available

New Baby, New Feelings - Weekly Fridays 10-11AM
Social/support group for moms with babies ages 0-16 months.

Lil' Buddies Play & Chat Caregivers Clubhouse
Weekly Fridays 11:30-12:30PM

You and your child(ren) between 12 months and 5 years old are invited to play in our exciting and welcoming playroom.

Grandparents Raising Grandchildren - 1st and 3rd Friday 12-1PM
Our Grandparents group meets in a casual, nonjudgmental space offering support to grandparents who are helping and/or raising grandchildren. Grandparents have the opportunity to meet other grandparents, develop a network of support, and receive information about services available.

EVIDENCE-BASED CAREGIVER EDUCATION

We offer a variety of parent & caregiver strength-based programs. All programs are voluntary and free to enroll. Registration and intakes are required. Waitlists are ongoing!

Active Parenting First Five Years Active Parenting of Teens
Nurturing Fathers Parenting Journey I My Journey
Keeping Kids Safe

PARENT CHAT

Interested in helping Your input is important to us. Help shape our programs and services. Join us once a quarter for updates and to share thoughts, ideas and feedback around current programming, workshops and brainstorm other ways we can support families.

MY VOICE MATTERS

FRC Youth Advisory during Youth Group

MAY 4 230-330

Join us for a convo where local middle and high school youth can help shape what's coming next at the Family Resource Center.



Enjoy good food, connect with other youth, and make your voice count.

CAREGIVER CPR SKILLS

FRIDAY MAY 8
Empower Yourself with Essential Life-Saving Skills



Infant CPR Skills Session
during New Baby, New Feelings
10-11 AM



Child CPR Skills Session
during Lil' Buddies
11:30 AM-12:30PM



REGISTRATION REQUIRED

What To Expect

- Essential CPR Techniques
- Emergency Action Steps
- Refreshments & Childcare Provided

This is not a certification course. These CPR Skills Workshops are offered for general knowledge and educational purposes only.

DIAPER DISTRIBUTION



In need of diapers?
We've got you covered once a month.

Free & Intake required.

Monday-Friday during our open hours.

COMMUNITY CLOSET




In need of clothes?
Shop in our free community closet.

Looking to donate? We accept gently used clothing!

Call to schedule a visit to the closet
413.475.1555

WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?

Use the online  to learn more about how they are growing and learning!



SCAN ME 