MOC FAMILY RESOURCE CENTER

NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT & SUN
2 **Nurturing Fathers** (in PERSON) 5:00pm - 7:00pm	**3** **Active Parenting 4th edition** (virtual) 1:00pm - 2:30pm	**4**	**5** **Game Changers Social Youth Group** 4:30pm-6:00pm	**6** **Latino Support Group** (walk-ins welcome) 11:00am-12:00pm	**7** **Info & Referrals VIRTUAL** 10:00am-2:00pm **8**
9 **Nurturing Fathers** (in PERSON) 5:00pm - 7:00pm	**10** **Active Parenting 4th edition** (virtual) 1:00pm - 2:30pm	**11** **Mother's Group: Let's Talk** 11:00am-12:00pm	**12**	**13** **Latino Support Group** (walk-ins welcome) 11:00am-12:00pm	**14** **15**
16 **Nurturing Fathers** (in PERSON) 5:00pm - 7:00pm	**17**	**18** **Mother's Group** 11:00am-12:00pm	**19** **Game Changers Social Youth Group** 4:30pm-6:00pm	**20** **Court Services** (walk-ins welcome) 9:00am-1:00pm **Latino Support Group** (walk-ins welcome) 11:00am-12:00pm	**21** **Info & Referrals VIRTUAL** 10:00am-2:00pm **22**
23 **Nurturing Fathers** (in PERSON) 5:00pm - 7:00pm	**24**	**25** **Mother's Group: Let's Talk** 11:00am-12:00pm	**26** Happy Thanksgiving FRC CLOSED	**27** FRC CLOSED	**28** **29**
30 **Nurturing Fathers GRADUATION!!!** (in PERSON) 5:00pm - 7:00pm					

Information & Referrals

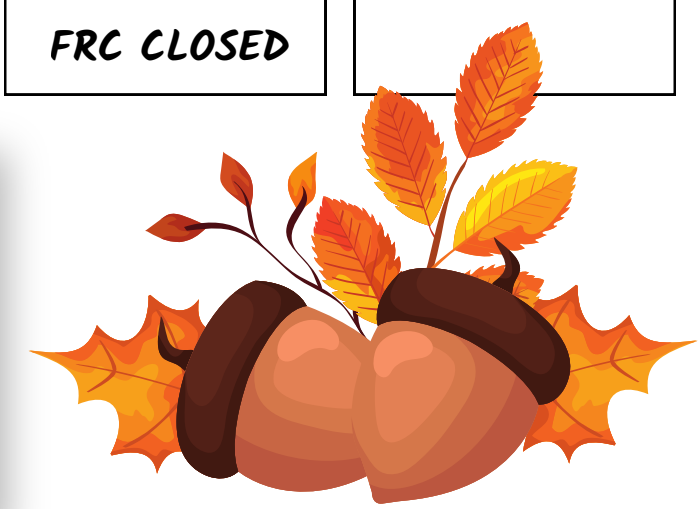
Walk-ins Welcome!

Monday-Friday: 8:30am - 4:30pm

1st & 3rd Saturday: 10am - 2pm (by phone)

Call or email us to register or learn more about our offerings!

**All classes/events are in-person at the FRC unless otherwise indicated*



MAKING Opportunity COUNT | Family Resource Centers

601 River Street, Fitchburg
FRC@mocinc.org (978) 516-5042

Fitchburg Family Resource Center is a program of Making Opportunity Count and is funded by the Department of Children & Families.

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Explanation of programs and services:

The Nurturing Fathers Program

REGISTRATION REQUIRED - IN-PERSON

This 13-week evidence-based program helps fathers build nurturing skills, strengthen bonds with their children & cultivate positive parenting attitudes & behaviors.

Latino Support Group

WALK-INS WELCOME - IN-PERSON

Join us on Friday's for:

- Mindfulness exercises
- Arts & crafts
- Nutrition Information/workshops
- Iron Chef: Conversational English
- Cultural activities

Information & Referrals

WALK-INS WELCOME:
Monday to Friday 8:30am to 4:30pm

VIRTUAL:
Every 1st & 3rd Saturday 10am to 2pm
The FRC is here to help families identify and connect with resources, mental health support & school-related concerns.

Game Changers: Social Youth Group

(After-school program - youth ages 10 up) Activities include arts & crafts, games, conversations about bullying, safety, mindful journaling, and movie nights!

Court Services

WALK-INS WELCOME
September 18th 9:00am to 1:00pm

First come, first serve assistance filing legal documents for divorce, guardianship, paternity, child support, parenting time & small claims issues.

Programs @ the Fitchburg FRC:

Health Law Advocates (HLA) Mental Health Advocacy Program

HLA is a non-profit public interest law firm whose mission is to provide pro bono legal representation to low-income residents.
What services does MHAP for Kids offer?

- Begin or improve special education services
- Secure and/or coordinate community-based mental health services
- Collaborate with Dept. of Children & Families, Dept. of Mental Health, & Dept. of Developmental Services
- Advocate for education accommodations
- Assist with health insurance coverage

MOC Fitchburg Community Connections Coalition

FCCC vision is to build a comprehensive continuum of family support that strengthens families. FCCC works collaboratively with Fitchburg residents, city and state government officials, law enforcement, service providers and non-profit organizations to support child abuse prevention. To learn more, email us at FCCC@mocinc.org

MOC Parents as Teachers (PAT)

The goal of the Parents as Teachers (PAT) model is to provide parents with child development knowledge and parenting support, provide early detection of developmental delays and health issues, prevent child abuse and neglect, and increase children's school readiness.
To learn more, email us at PAT@mocinc.org

Additional MOC Programs & Services:

- **Behavioral Health Services:** 978-878-3100
- **Childcare & Head Start:** 978-343-0185
- **Coordinated Family & Community Engagement (CFCE):** 978-632-3600
- **Fuel Assistance (HEAP):** 978-342-4520
- **Energy (Weatherization):** 978-342-7025
- **Emergency Shelter:** 866-584-0653
- **FIRST Steps Together:** 978-956-3209
- **Homework Help Center:** 978-516-5055
- **Reproductive Health Services:** 978-878-3100
- **Women, Infants & Children (WIC):** (978) 345-6272
  Locations: Fitchburg, Leominster, Gardner, Ayer, Barre, Winchendon
- **Youth Innovation Center:** 978-516-5055

For more Making Opportunity Count events, visit: www.makingopportunitycount.org/events