

We are all encountering new challenges right now.  
**The YOU, Inc. Worcester Family Resource Center is here to help.**  
**Call us today at 508-796-1411,**  
Monday to Friday from 8:30am to 4:30pm.

We are able to answer questions and provide connection to community resources for a variety of needs including:

- Food, clothing, and household goods, including referrals for delivery if your family is sick or under quarantine
- Housing, rental assistance, and shelter access
- Employment, unemployment benefits, and job search
- School support and special education needs
- Financial assistance and benefit applications
- Transportation, including Lyft coupon codes to support access to essential services
- Legal assistance
- Health, mental health, and substance use/recovery supports
- Childcare and parent/child activities

We offer ongoing case management to families who may need additional support navigating resources.

Additionally, several of our ongoing programs continue to accept referrals. Please call us for more information:

- Assessment and support services for families of children at risk of juvenile court involvement due to truancy, behavioral concerns, or running away
- Parent education and support groups including Parenting Journey and Nurturing Parent programs
- Teen activities including our Arts and Music Police Partnership (AMPP) Program
- Mental Health Advocacy Program for Kids providing legal assistance to parents of children with unmet mental health needs. For this service, call 617-275-2919.

**We are in this together. Call us today – 508-796-1411.**

