

		An Affiliate of Seven Hills Foundation	
		2024	
day	Saturday	Sunday	
<b>)</b> onnection	2 Office closed	<b>3</b> Office closed	
8	<b>9</b> Office closed	<b>10</b> Office closed	
<b>5</b> ent and Kinship support group v Connection	<b>16</b> Office closed	17 Office closed Happy Saint Patrick's Day	
2	23 Office closed	<b>24</b> Office closed	
29 S closed	<b>30</b> Office closed	<b>31</b> Office closed	



# Parenting Classes

### Call or Email 508-796-0411 wfrc@youinc.org for information or to register

## Arts and Cultural

### **Arts and Music Police** Partnership

Free Arts and Music program for teens ages 14-17 run by the Worcester Police Department. M W F 3:00pm-6:00pm

### **Family Play Group**

A free play group for parents and children ages 1-8. Connect with other parents and caregivers 10:00am-11:30am

### **Active Parenting of Teens**

A Parenting class to help you increase communication without conflict. Develop skills for real life, and help your teen avoid the risks they may face 5:30pm-7:30pm

### **Parenting Journey**

Learn how your own upbringing influences your parenting style. Learn how to support your partner and children in this society. A special time to share with other parents in a confidential/safe space 10:00am-11:30am

### **Active Parenting 4th Edition**

support the growth of your children through family structure. Gain the skills necessary to raise your children ages 5-12 to survive and thrive in this society 10:00am-11:30am

## Mutual Support

### **Carriage House Grief Support Program**

**Grief Support for** children ages 3-18 who have lost a parent or caregiver. The program is volunteer run and uses a mutual support model.



### **Rainbow Connection**

A group for LGBTQIA+ youth ages 10-13 3:30pm-5:00pm

### **Grandparent and kinship** caregiver support Group

Connect with other grandparents raising grandchildren and kinship caregivers. Breakfast, childcare and activities provided 9:00am-10:30am



## **Resources and Supports**

### **Virtual Housing Clinic**

Join us virtually to connect directly with **RCAP Solutions, and** CMHA. Get assistance navigating housing RAFT applications 2:30pm-3:30pm

### **Parents in Recovery Support group**

Connect with other parents navigating recovery March 19 10am-11:30am

Gou Lakay: Ayiti nan Etazini

Join us as we talk about your journey acclimating to your new life in the US For new Haitian arrivals March 18 1pm-3pm



