

		An Affiliate of Seven Hills Foundation	
		2024	
day	Saturday	Sunday	
) onnection	2 Office closed	3 Office closed	
8	9 Office closed	10 Office closed	
5 ent and Kinship support group v Connection	16 Office closed	17 Office closed Happy Saint Patrick's Day	
2	23 Office closed	24 Office closed	
29 S closed	30 Office closed	31 Office closed	



Parenting Classes

Call or Email 508-796-0411 wfrc@youinc.org for information or to register

Arts and Cultural

Arts and Music Police Partnership

Free Arts and Music program for teens ages 14-17 run by the Worcester Police Department. M W F 3:00pm-6:00pm

Family Play Group

A free play group for parents and children ages 1-8. Connect with other parents and caregivers 10:00am-11:30am

Active Parenting of Teens

A Parenting class to help you increase communication without conflict. Develop skills for real life, and help your teen avoid the risks they may face 5:30pm-7:30pm

Parenting Journey

Learn how your own upbringing influences your parenting style. Learn how to support your partner and children in this society. A special time to share with other parents in a confidential/safe space 10:00am-11:30am

Active Parenting 4th Edition

support the growth of your children through family structure. Gain the skills necessary to raise your children ages 5-12 to survive and thrive in this society 10:00am-11:30am

Mutual Support

Carriage House Grief Support Program

Grief Support for children ages 3-18 who have lost a parent or caregiver. The program is volunteer run and uses a mutual support model.



Rainbow Connection

A group for LGBTQIA+ youth ages 10-13 3:30pm-5:00pm

Grandparent and kinship caregiver support Group

Connect with other grandparents raising grandchildren and kinship caregivers. Breakfast, childcare and activities provided 9:00am-10:30am



Resources and Supports

Virtual Housing Clinic

Join us virtually to connect directly with **RCAP Solutions, and** CMHA. Get assistance navigating housing RAFT applications 2:30pm-3:30pm

Parents in Recovery Support group

Connect with other parents navigating recovery March 19 10am-11:30am

Gou Lakay: Ayiti nan Etazini

Join us as we talk about your journey acclimating to your new life in the US For new Haitian arrivals March 18 1pm-3pm



