

Worcester Family Resource Center 20 Cedar street  
 Worcester, MA01608  
 508-796-0411 wfrc@youinc.org

Drop in Hours  
 Monday: 8:30am-6:00pm  
 Tuesday-Thursday: 8:30am-7:00pm  
 Friday: 8:30am-6:00pm



04



# April

2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>1</p> <ul style="list-style-type: none"> <li>Parenting Journey</li> <li>Arts and Music Police Partnership</li> </ul>	<p>2</p>	<p>3</p> <ul style="list-style-type: none"> <li>Family Play Group</li> <li>Carriage House Littles Group</li> <li>Arts and Music Police Partnership</li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>virtual housing clinic</li> </ul>	<p>5</p> <ul style="list-style-type: none"> <li>Rainbow Connection</li> <li>Arts and Music Police Partnership</li> </ul>	<p>6</p> <p>Office closed</p>	<p>7</p> <p>Office closed</p>
<p>8</p> <ul style="list-style-type: none"> <li>Parenting Journey</li> <li>Arts and Music Police Partnership</li> </ul>	<p>9</p>	<p>10</p> <ul style="list-style-type: none"> <li>Family Play Group</li> <li>Carriage House Teens Group</li> <li>Arts and Music Police Partnership</li> </ul>	<p>11</p> <ul style="list-style-type: none"> <li>virtual housing clinic</li> </ul>	<p>12</p> <ul style="list-style-type: none"> <li>Arts and Music Police Partnership</li> </ul>	<p>13</p> <p>Carriage House Spring garden work day 9:00am-12:00pm</p> 	<p>14</p> <p>Office closed</p>
 <p>15</p> <ul style="list-style-type: none"> <li>Parenting Journey Graduation</li> <li>Arts and Music Police Partnership</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>Carriage House Middles Group</li> <li>Parents in recovery support group</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>Family Play Group</li> <li>Carriage House Littles Group</li> <li>Arts and Music Police Partnership</li> </ul>	<p>18</p> <ul style="list-style-type: none"> <li>virtual housing clinic</li> </ul>	<p>19</p> <ul style="list-style-type: none"> <li>Grandparent and Kinship caregiver support group</li> <li>Rainbow Connection</li> <li>Arts and Music Police Partnership</li> </ul>	<p>20</p> <p>Office closed</p>	<p>21</p> <p>Office closed</p>
<p>22</p> <ul style="list-style-type: none"> <li>Parenting Journey</li> <li>Gou Lakay: Ayiti nan Etazini</li> <li>Arts and Music Police Partnership</li> </ul>	<p>23</p>	<p>24</p> <ul style="list-style-type: none"> <li>Community baby shower</li> </ul> 	<p>25</p> <ul style="list-style-type: none"> <li>virtual housing clinic</li> </ul>	<p>26</p> <ul style="list-style-type: none"> <li>Arts and Music Police Partnership</li> </ul>	<p>27</p> <p>Office closed</p>	<p>28</p> <p>Office closed</p>
<p>29</p> <ul style="list-style-type: none"> <li>Parenting Journey</li> <li>Arts and Music Police Partnership</li> </ul>	<p>30</p> <ul style="list-style-type: none"> <li>Carriage House Middles Group</li> </ul>					

Call or Email 508-796-0411 [wfrc@youinc.org](mailto:wfrc@youinc.org)  
 for information or to register

## Arts and Cultural

### Arts and Music Police Partnership

Free Arts and Music program for teens ages 14-17 run by the Worcester Police Department.  
**M W F 3:00pm-6:00pm**

### Family Play Group

A free play group for parents and children ages 1-8. Connect with other parents and caregivers  
**10:00am-11:30am**



## Parenting Classes

### Parenting Journey

Learn how your own upbringing influences your parenting style. Learn how to support your partner and children in this society. A special time to share with other parents in a confidential/safe space  
**10:00am-11:30am**

## Special Events

### Community Baby Shower

Join us for a fun day with raffles, food, and games to celebrate expectant mothers. A presentation on safe sleep, prenatal and postpartum resources.  
**April 24 12:00pm-2:00pm**



## Mutual Support

### Carriage House Grief Support Program

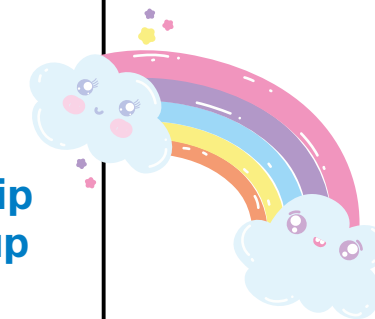
Grief Support for children ages 3-18 who have lost a parent or caregiver. The program is volunteer run and uses a mutual support model.  
 Call to register  
**Tuesdays and Wednesdays 5:00pm-7:30pm**

### Rainbow Connection

A group for LGBTQIA+ youth ages 10-13  
**3:30pm-5:00pm**

### Grandparent and kinship caregiver support Group

Connect with other grandparents raising grandchildren and kinship caregivers. Breakfast, childcare and activities provided  
**9:00am-10:30am**



**TOGETHER**  
 \* in \*  
**RECOVERY**

## Resources and Supports

### Virtual Housing Clinic

Join us virtually to connect directly with RCAP Solutions, and CMHA. Get assistance navigating housing RAFT applications  
**2:30pm-3:30pm**



### Parents in Recovery Support group

Connect with other parents navigating recovery  
**April 16 10am-11:30am**

### Gou Lakay: Ayiti nan Etazini

Join us as we talk about your journey acclimating to your new life in the US For new Haitian arrivals  
**April 22 1pm-3pm**

