

16 GEORGE ST. WESTFIELD, MA 01085
PHONE: (413) 417-2020



Gándara Center
Culturally Sensitive Care

SUN	MON	TUE	WED	THU	FRI	SAT
ALL PROGRAMS ARE FREE			1 Life Skill Activity: Baking 4PM-6:30PM	2 Active Parenting: First Five Years 10:30AM-12:30 PM	3	4 PLAY DAY 10:30AM-12:30PM
5	6 Journal Buddies 4PM - 6:30PM	7 INTAKES 9:30AM-4PM Arts & Crafts- Youth & Teen Drop-In 4PM-6:30PM	8 Life Skill Activity: Baking 4PM-7PM	9 Active Parenting: First Five Years 10:30AM-12:30 PM Active Harm Reduction Group 3pm- 4pm	10	11 CLOSED
12	13 Grandparents Support Group 11:00AM-12:30PM & 5:00PM-6:30PM Journal Buddies 4PM - 6:30PM	14 INTAKES 9:30AM-4PM Arts & Crafts- Youth & Teen Drop-In 4PM-6:30PM	15 MOVIE NIGHT 4PM-6:30PM	16 Active Parenting: First Five Years 10:30AM-12:30 PM	17	18 PLAY DAY 10:30AM-12:30PM
19	20 INTAKES 9:30AM-4PM Journal Buddies 4PM - 6:30PM	21 INTAKES 9:30AM-4PM Arts & Crafts- Youth & Teen Drop-In 4PM-6:30PM	22 LGBTQIA+ Parent Support Group 5pm to 6:30pm Life Skill Activity: Baking 4PM-6:30PM	23 Active Parenting: First Five Years 10:30AM-12:30 PM Active Harm Reduction Group 3pm - 4pm	24	25 CLOSED
26	27 Memorial Day CLOSED	28 INTAKES 9:30AM-4PM Arts & Crafts- Youth & Teen Drop-In 4PM-6:30PM	29 LGBTQIA+ Parent Support Group 5pm to 6:30pm Life Skill Activity: Baking 4PM-6:30PM	30	31	

Hours of Operation

Monday - Wednesday: 9AM - 7PM, Thursday: 9AM - 5PM, Friday: 9AM-4PM
Every 1st & 3rd Saturday 10AM - 1PM

MAY 2024

Upcoming Programming

Nurturing Father's Group: 13 sessions evidence-based program that brings together men from all family circumstances who need help with understanding how to be nurturing and supportive: TBD

Active Parenting: First Five Years- Starts March 20th 10:30AM-12PM/Wednesday Sessions for 7 weeks

Grandparents Raising Grandchildren Support Group: In-Person Support Group for grandparents: 1st Monday of every month 11:00AM-12:30PM & 5PM-6:30PM

Active Harm Reduction Group: Every other Thursday 3pm - 4pm

Parenting Journey Group: 12 sessions to help parents/caregivers increase their self-care practices and enhance their parenting skills, to create awareness in utilizing their strengths to support their children and build nurturing family relationships: TBD

Youth & Teen Drop-In: Monday - Wednesday 4PM - 7PM AND 1st & 3rd Saturday of each month 10AM - 1PM

Coffee Hour/Programming Enrollment: Once a month for 1 hour we will have an opened door to community to Enroll in programming and discuss services

Play Group: Free play and activities for children and families MONDAY-WEDNESDAYS

Financial Literacy Group: TBD

Spring Brake: April Vacation April 15-19, 2024 filled with fun filled activities for the families.