

February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 am - 11:30 am: Grandparents Raising Grandchildren 3:45 pm – 5:00 pm: Pride in You Group	2	3 10:00 am – 12:00 pm: Crafty Valentine’s Activities
4	5 10:00 am - 11:30 am: Drop in Coffee Hour 10:00 am - 12:00 pm: Parenting Journeys 3:00 pm - 4:30 pm: Expressions Group	6 1:30 pm - 2:30 pm: Crafting hour with Eileen 5:30 pm - 7:30 pm: Nurturing Fathers 6:00 pm - 7:00 pm: Pride in Family Group	7 9:00 am – 10:00 am: Parent & Child (2-5 yrs old) activity group 2:00 – 3:00 pm: Learn to use a Cricut class	8 10:30 am - 11:30 am: Grandparents Raising Grandchildren 3:45 pm – 5:00 pm: Pride in You Group	9	10
11	12 10:00 am - 11:30 am: Drop in Coffee Hour 10:00 am - 12:00 pm: Parenting Journeys 3:00 pm - 4:30 pm: Expressions Group	13 1:30 pm - 2:30 pm: Crafting hour with Eileen 6:00 pm - 7:00 pm: Pride in Family Group	14 9:00 am – 10:00 am: Parent & Child (2-5 yrs old) activity group 2:00 – 3:00 pm: Learn to use a Cricut class	15 10:30 am - 11:30 am: Grandparents Raising Grandchildren 3:45 pm – 5:00 pm: Pride in You Group	16	17
18	19 President’s Day Center is <u>Closed</u>	20 1:30 pm - 2:30 pm: Crafting hour with Eileen 6:00 pm - 7:00 pm: Pride in Family Group	21 9:00 am – 10:00 am: Parent & Child (2-5 yrs old) activity 10:00 am – 12:00 pm: Active Parenting of Teens 2:00 – 3:00 pm: Learn to use a Cricut class	22 10:30 am - 11:30 am: Grandparents Raising Grandchildren 3:45 pm – 5:00 pm: Pride in You Group	23	24 10:00 am - 12:00 pm: Mardi Gras Crafts
25	26 10:00 am - 11:30 am: Drop in Coffee Hour 10:00 am - 12:00 pm: Parenting Journeys 3:00 pm - 4:30 pm: Expressions Group	27 1:30 pm - 2:30 pm: Crafting hour with Eileen 6:00 pm - 7:00 pm: Pride in Family Group	28 9:00 am – 10:00 am: Parent & Child (2-5 yrs old) activity 10:00 am – 12:00 pm: Active Parenting of Teens 2:00 – 3:00 pm: Learn to use a Cricut class			

Family Resource Center Calendar Descriptions



The Support Network

Facilitated by Margery from TSN.

Connect with other parents whose children have social, emotional, or mental health concerns.

Zoom Meeting ID: 264 212 8031

Nurturing Fathers

The Nurturing Fathers Program is a 13-week evidence-based program for developing attitudes and skills for male nurturance.



Pride in You

A support group for LGBTQ+ youth ages 11-18 to feel safe and free to be themselves.

Drop-In Coffee Hour

See our new space, have a coffee and meet the staff to learn what is new

Active Parenting

Parenting program helping parents of kids ages 5 to 12 raise responsible, cooperative children who are able to resist negative peer pressure and thrive.



Parenting Journey

Join other parents in this 12-week, parent-positive, strengths-focused group to find new ways to navigate the road ahead.

Family Pride

This group is for parents raising or questioning LGBTQI+ youth.

Caregiver Support Group

Self care group for caregivers.



Active Parenting of Teens

This program teaches parents of teens to have greater self-confidence in their roles as parents; how to better communicate with their teen; how to discipline and problem solve; how to prevent alcohol and drug use; how to teach positive values & more!

Grandparents Raising Grandchildren

Peer to peer support group for Grandparents raising their grandchildren.



Raft Applications: Call and set up an appointment for housing needs.

Please call to register and zoom links will be sent out to you.

Staff can be reached by calling **(413) 277-6601** or emailing bhnfrc@bhninc.org

Amy Breton, Program Director

Lynn Guertin, Program Manager

Yahira Santiago, Clinician

Randy Guertin, Administrative Support

Kathleen Cordier, Family Partner

Rachel Reniere, Family Support Worker

Katina Hope, Family Support Worker

Eileen Dennis, School Liaison



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