

16 GEORGE ST. WESTFIELD, MA 01085
PHONE: (413) 417-2020



SUN	MON	TUE	WED	THU	FRI	SAT
ALL PROGRAMS ARE FREE	1 CLOSED	2 Grandparents Raising Grandchildren Support Group (5:30PM-6:30PM)	3	4	5	6 PLAY DAY 10:30AM-12:30PM
7	8 INTAKES 9:30AM-4PM YOUTH & TEEN DROP-IN 4PM - 7PM CHILDREN PLAY GROUP 4PM - 7PM	9 Family Financial Literacy Day 10:30AM-12:30PM	10	11 Network Provider Coffee Hour 10AM-11AM	12	13 CLOSED
14 	15 INTAKES 9:30AM-4PM Educational Support info session 1pm-3pm	16 INTAKES 9:30AM-4PM YOUTH & TEEN DROP-IN 4PM - 7PM CHILDREN PLAY GROUP 4PM - 7PM	17	18	19	20
21	22 INTAKES 9:30AM-4PM YOUTH & TEEN DROP-IN 4PM - 7PM CHILDREN PLAY GROUP 4PM - 7PM	23 INTAKES 9:30AM-4PM	24	25	26	27 CLOSED
28 	29 Parenting Journey Group 5pm-6:30pm	30 YOUTH & TEEN DROP-IN 4PM - 7PM INTAKES 9:30AM-4PM	31 TEEN CRAFT NIGHT 4PM - 6:30PM CHILDREN PLAY GROUP 4PM - 7PM			

Hours of Operation
Monday - Wednesday: 9AM - 7PM, Thursday: 9AM - 5PM, Friday: 9AM-4PM
Every 1st & 3rd Saturday 10AM - 1PM

JANUARY 2024

Upcoming Programming

- Nurturing Father’s Group:** 13 sessions evidence-based program that brings together men from all family circumstances who need help with understanding how to be nurturing and supportive. Held in Springfield on Monday’s 6pm-8pm
- Grandparents Raising Grandchildren Support Group:** In-Person Support Group for grandparents (3rd Wednesday of each month)
- Parenting Journey Group:** 12 sessions to help parents/caregivers increase their self-care practices and enhance their parenting skills, to create awareness in utilizing their strengths to support their children and build nurturing family relationships
- Youth & Teen Drop-In:** Monday - Wednesday 4PM - 7PM AND 1st & 3rd Saturday of each month 10AM - 1PM
- UMASS Nutrition Education Program:** Health and wellness classes which will run for 6 weeks, 2 groups a week, & 2 hrs/day
- Coffee Hour/Programming Enrollment:** Once a week for 1 hour we will have an opened door to community to Enroll in programming and discuss services
- Tapestry Health:** Once a week on Thursdays we will have a healthier lifestyle class from 4 - 5pm
- Play Group:** Free play and activities for children and families
- Financial Literacy Group:** TBD