



May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 3-4:30PM Live Out Loud (HS) 5-7PM Youth Drop-In	2 9A-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-5:30PM Live Out Loud (MS)	3	4 FRC Open 9:30-12:30 10-11AM Bilingual Story Time
5	6	7 11A-12:30P Mommy & Me	8 3-4:30PM Live Out Loud (HS) 5-7PM Youth Drop-In	9 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-5:30PM Live Out Loud (MS)	10	11
12	13	14 11A-12:30P Mommy & Me	15 3-4:30PM Live Out Loud (HS) 5-7PM Youth Drop-In	16 9AM-10A:30M Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-5:30PM Live Out Loud (MS)	17	18 FRC Open 9:30-12:30 10A-12:30P Family Resource Fair
19	20	21 11A-12:30P Mommy & Me	22 3-4:30PM Live Out Loud (HS) 5-7PM Youth Drop-In	23 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-5:30PM Live Out Loud (MS)	24	25
26	27 CLOSED Observance of Memorial Day	28 11A-12:30P Mommy & Me	29 3-4:30PM Live Out Loud (HS) 5-7PM Youth Drop-In	30 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-5:30PM Live Out Loud (MS)	31	

For more information on all of our offerings, please visit:
<https://18degreesma.org/new-events/>



Active Parenting Tuesdays 5PM-7PM

Beginning March 5th an evidence based parenting class for parents of children ages 5-12 years of age. Class will be offered virtually for 6 weeks. **Pre-registration is required.** For more information contact Maria or Alexia!

Mommy & Me Play Group Tuesdays 11AM-12:30PM

A support/play group for mom's and children ages 0-3yr old. For moms and children to socialize, learn and connect. Contact Maria for more information!

Live Out Loud MS, HS, and Young Adult Affinity Groups

These groups offer a safe and supportive space that centers LGBTQIA+ based conversations and activities. MS (Thurs 4-5:30pm, 5:30-7pm Drop-In Dinner) for ages 11-14. HS (Wed 3-4:30pm) for ages 14-18. YAAG (Thurs 12:30-2pm) for ages 18-30. Contact Christopher for more information!

BEATS Youth Drop-In Wednesdays 5PM-7PM

Bringing Education And Talent to Song learn song writing, to create the beat and to put song to music. A space for youth to drop-in as needed for homework help, peer support, socialization or play games. Dinner is provided! For youth ages 11-17. Contact Sharon for more information!

Nursing Baby/Toddler Group Thursdays 9AM-10:30AM

Hosted by Berkshire Nursing Families an informal playgroup for families with feeding children to socialize, get parenting support, breastfeeding advice from other families. Baby scale is available for weight checks. Contact Tammy for more information!

FRF Families Raising Families 2nd & 4th Friday 10AM-11:30AM

A bilingual support group dedicated to those caring for children as a grandparent, sibling, aunt, uncle, or any other kinship caregiver, to have a safe, inclusive space to connect, share, and learn from one another. Contact Sharon or Tammy for more information!

Bilingual Story Time 1st Saturday of the Month 10AM-11AM

A bilingual (English and Spanish) playgroup each month we will share a story and activity. Snacks and beverage provided. Contact Maria for more information.

Family Resource Fair May 18th 10PM-12:30PM

Join us as we bring together many providers from our community, such as, Berkshire County Head Start, Elizabeth Freeman Center, Immigration Center, BCAC, Habitat for Humanity and more! Free for the whole family! Fun activities and light refreshments provided. Please RSVP to Alexia!

To better serve you, Child Care is now available for our support groups and classes. When registering please make staff aware of your childcare needs.

Registration is required for all groups, classes, and activities.

Call or Email us to gain access to our offerings and for more information!

413-448-8281 or info@18degreesma.org

18 Degrees partners with the Berkshire Diaper Project to offer families FREE diapers during regular business hours 9:00am-5:00pm

FRC Staff:

Program Director: Sharon Collins Newton scollinsnewton@18degreesma.org or ext. 265

Program Manager: Tammy Martin-Bartlett tmartinbartlett@18degreesma.org or ext. 264

Family Support Worker: Maria Maisonet mmaisonet@18degreesma.org or ext. 283

Family Support Worker: Alexia Morales Jado amoralesjado@18degreesma.org or ext 268

LGBTQ+ Services Coordinator: Christopher Dellea cdellea@18degreesma.org or ext. 241

Family Partner – Jermaine Sistrunk jdsistrunk@18degreesma.org or ext. 286

School Liaison – Abbie Callaghan acallaghan@18degreesma.org or ext. 269

FRC Open Hours

Monday 9am-5pm

Tuesday 9am-5pm

5pm-7pm Remote

Wednesday 9am-7pm

Thursday 9am-7pm

Friday 9am-5pm

1st & 3rd Saturday 9:30am-12:30pm