



February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 3:30PM-5PM B.E.A.T.S.(Reid MS) 4-7PM Live Out Loud (MS)	2 10a-2pm VITA Tax Prep	3 FRC Open 9:30-12:30 10-11AM Bilingual Story Time
4	5	6 11-12:30PM Mommy & Me 3:30PM-5PM B.E.A.T.S.(Reid MS)	7 3-4:30PM Live Out Loud (HS) 3:30PM-5PM B.E.A.T.S. 5-7PM Youth Drop-In	8 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 3:30PM-5PM B.E.A.T.S.(Reid MS) 4-7PM Live Out Loud (MS)	9 10AM-11:30AM Families Raising Families 10a-2pm VITA Tax Prep	10
11	12	13 11-12:30PM Mommy & Me 3:30PM-5PM B.E.A.T.S.(Reid MS)	14 3-4:30PM Live Out Loud (HS) 3:30PM-5PM B.E.A.T.S. 5-7PM Youth Drop-In	15 9AM-10A:30M Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 3:30PM-5PM B.E.A.T.S.(Reid MS) 4-7PM Live Out Loud (MS)	16 10a-2pm VITA Tax Prep	17 FRC Open 9:30-12:30 Moving Life Stories
18	CLOSED	19 11-12:30PM Mommy & Me 3:30PM-5PM B.E.A.T.S.(Reid MS)	20 3-4:30PM Live Out Loud (HS) 3:30PM-5PM B.E.A.T.S. 5-7PM Youth Drop-In	21 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 3:30PM-5PM B.E.A.T.S.(Reid MS) 4-7PM Live Out Loud (MS)	22 10AM-11:30AM Families Raising Families 10a-2pm VITA Tax Prep	23
25	26	27 11-12:30PM Mommy & Me 3:30PM-5PM B.E.A.T.S.(Reid MS)	28 3-4:30PM Live Out Loud (HS) 3:30PM-5PM B.E.A.T.S. 5-7PM Youth Drop-In	29 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 3:30PM-5PM B.E.A.T.S.(Reid MS) 4-7PM Live Out Loud (MS)		

For more information on all of our offerings, please visit:
<https://18degreesma.org/new-events/>

Mommy & Me Play Group

Tuesdays 11AM-12:30PM

A support/play group for mom's and children ages 0-3yr old. For moms and children to socialize, learn and connect. Contact Maria for more information!

Live Out Loud MS, HS, and Young Adult Affinity Groups

These groups offer a safe and supportive space that centers LGBTQIA+ based conversations and activities. MS (Thurs 4-5:30pm, 5:30-7pm Drop-In Dinner) for ages 11-14. HS (Wed 3-4:30pm) for ages 14-18. YAAG (Thurs 12:30-2pm) for ages 18-30. Contact Emma for more information!

Youth Drop-In

Wednesdays 5PM-7PM

A space for youth to drop-in as needed for homework help, peer support, socialization, games and snacks! For youth ages 11-17. Contact Sharon for more information!

BEATS

Tuesdays and Thursdays 3:30-5pm

Bringing Education And Talent to Song learn song writing, to create the beat and to put song to music. Offered at Reid Middle School. All students of Reid are welcome to join. Contact Sharon for more information!

Nursing Baby/Toddler Group

Thursdays 9AM-10:30AM

Hosted by Berkshire Nursing Families an informal playgroup for families with feeding children to socialize, get parenting support, breastfeeding advice from other families. Baby scale is available for weight checks. Contact Tammy for more information!

FRF Families Raising Families

2nd & 4th Friday 10AM-11:30AM

A support group dedicated to those caring for children as a grandparent, sibling, aunt, uncle, or any other kinship caregiver, to have a safe, inclusive space to connect, share, and learn from one another. Contact Sharon or Tammy for more information!

Bilingual Story Time

1st Saturday of the Month 10AM-11AM

A bilingual (English and Spanish) playgroup each month we will share a story and activity. Snacks and beverage provided.

Moving Life Stories

3rd Saturday of the Month 9:30AM-12:30PM

Beginning January 2024 we will offer a 3 cycle series of a movement therapy group for our Conxciene Positivas group. Comfortable attire is encouraged.

VITA Tax Prep

Fridays 10am-2pm By Appointment Only

In collaborations with BCAC we will host FREE tax preparation services. We will be offering these services to anyone by appointment only. Please contact Tammy for more information.

To better serve you, Child Care is now available for our support groups and classes. When registering please make staff aware of your childcare needs.

Registration is required for all groups, classes, and activities.

Call or Email us to gain access to our offerings and for more information!

413-448-8281 or info@18degreesma.org

18 Degrees partners with the Berkshire Diaper Project to offer families FREE diapers during regular business hours 9:00am-5:00pm

FRC Staff:

Program Director: Sharon Collins Newton scollinsnewton@18degreesma.org or ext. 265

Program Manager: Tammy Martin-Bartlett tmartinbartlett@18degreesma.org or ext. 264

Family Support Worker: Maria Maisonet mmaisonet@18degreesma.org or ext. 283

Family Support Worker: Alexia Morales Jado amoralesjado@18degreesma.org or ext 268

LGBTQ+ Services Coordinator: Christopher Dellea cdellea@18degreesma.org or ext. 241

FRC Open Hours

Monday 9am-7pm

Tuesday 9am-5pm

Wednesday 9am-7pm

Thursday 9am-7pm

Friday 9am-3pm

1st & 3rd Saturday 9:30am-12:30pm