



April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 11-12:30PM Mommy & Me 5PM-7PM Active Parenting	3 3-4:30PM Live Out Loud (HS) 5-7PM Youth Drop-In 5-7PM 24:7 Dads	4 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-5:30PM Live Out Loud (MS) 6-7PM Pride Play & Fun	5	6 FRC Open 9:30-12:30 10-11AM Bilingual Story Time
7	8	9 11-12:30PM Mommy & Me 5PM-7PM Active Parenting	10 3-4:30PM Live Out Loud (HS) 5-7PM Youth Drop-In 5-7PM 24:7 Dads	11 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-5:30PM Live Out Loud (MS) 6-7PM Pride Play & Fun	12 10AM-11:30AM Families Raising Families /Grandparents Support Group	13
14	15	16 11-12:30PM Mommy & Me	17 3-4:30PM Live Out Loud (HS) 5-7PM Youth Drop-In 5-7PM 24:7 Dads	18 9AM-10A:30M Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-5:30PM Live Out Loud (MS) 6-7PM Pride Play & Fun	19	20 FRC Open 9:30-12:30 Conxione Positivas 10AM-12PM 10AM-2PM Mythical Creature Fair
21	22	23 11-12:30PM Mommy & Me	24 3-4:30PM Live Out Loud (HS) 5-7PM Youth Drop-In 5-7PM 24:7 Dads	25 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-5:30PM Live Out Loud (MS) 6-7PM Pride Play & Fun	26 10AM-11:30AM Families Raising Families /Grandparents Support Group	27
28	29	30 11-12:30PM Mommy & Me				

For more information on all of our offerings, please visit:
<https://18degreesma.org/new-events/>



Active Parenting

Tuesdays 5PM-7PM

Beginning March 5th an evidence based parenting class for parents of children ages 5-12 years of age. Class will be offered virtually for 6 weeks. **Pre-registration is required.** For more information contact Maria or Alexia!

Mommy & Me Play Group

Tuesdays 11AM-12:30PM

A support/play group for mom's and children ages 0-3yr old. For moms and children to socialize, learn and connect. Contact Maria for more information!

Live Out Loud MS, HS, and Young Adult Affinity Groups

These groups offer a safe and supportive space that centers LGBTQIA+ based conversations and activities. MS (Thurs 4-5:30pm, 5:30-7pm Drop-In Dinner) for ages 11-14. HS (Wed 3-4:30pm) for ages 14-18. YAAG (Thurs 12:30-2pm) for ages 18-30. Contact Christopher for more information!

BEATS Youth Drop-In

Wednesdays 5PM-7PM

Bringing Education And Talent to Song learn song writing, to create the beat and to put song to music. A space for youth to drop-in as needed for homework help, peer support, socialization or play games. Dinner is provided! For youth ages 11-17. Contact Sharon for more information!

24:7 Dads

Wednesdays 5PM-7PM

This is an evidenced based parenting class for fathers. Facilitated by the amazing Frank Busener. Dinner included. **Pre-registration is required.** Contact Tammy.

Registration is required for all groups, classes, and activities.

Call or Email us to gain access to our offerings and for more information!

413-448-8281 or info@18degreesma.org

18 Degrees partners with the Berkshire Diaper Project to offer families FREE diapers during regular business hours 9:00am-5:00pm

FRC Staff:

Program Director: Sharon Collins Newton scollinsnewton@18degreesma.org or ext. 265

Program Manager: Tammy Martin-Bartlett tmartinbartlett@18degreesma.org or ext. 264

Family Support Worker: Maria Maisonet mmaisonet@18degreesma.org or ext. 283

Family Support Worker: Alexia Morales Jado amoralesjado@18degreesma.org or ext 268

LGBTQ+ Services Coordinator: Christopher Dellea cdellea@18degreesma.org or ext. 241

Nursing Baby/Toddler Group

Thursdays 9AM-10:30AM

Hosted by Berkshire Nursing Families an informal playgroup for families with feeding children to socialize, get parenting support, breastfeeding advice from other families. Baby scale is available for weight checks. Contact Tammy for more information!

Pride Play & Fun

Thursdays 6PM-7PM

Join us for a playgroup for kids where they can play, socialize, and feel comfortable being their true selves. For youth ages 5-10 yrs old and their families. Contact Christopher for more information.

FRF Families Raising Families

2nd & 4th Friday 10AM-11:30AM

A bilingual support group dedicated to those caring for children as a grandparent, sibling, aunt, uncle, or any other kinship caregiver, to have a safe, inclusive space to connect, share, and learn from one another. Contact Sharon or Tammy for more information!

Bilingual Story Time

1st Saturday of the Month 10AM-11AM

A bilingual (English and Spanish) playgroup each month we will share a story and activity. Snacks and beverage provided. Contact Maria for more information.

Conexione Positivas

3rd Saturday of the Month 10AM-12PM

A support group for members of the Latino community to come together share their stories, enjoy cultural food and connect with providers in the community. Contact Alexia for more information.

Mythical Creature Fair

April 20th 10AM-2PM

Join us for a fun -filled afternoon of unicorns, fairies and leprechauns! A fantastic journey awaits you as you travel through Unicorn Utopia, Fairy Fantasia and Leprechaun Lolapalooza! Games. Arts and Crafts! Costumes encouraged! Contact Christopher for more information.

FRC Open Hours

Monday 9am-5pm

Tuesday 9am-5pm

5pm-7pm Remote

Wednesday 9am-7pm

Thursday 9am-7pm

Friday 9am-5pm

1st & 3rd Saturday 9:30am-12:30pm