

YOU, Inc. Worcester Family Resource Center October 2021 Updates

Is your teen interested in arts and music?

Our Arts & Music Police Partnership (AMPP) afterschool program is accepting referrals for youth ages 13-17. Contact us today to learn more!

Our fall groups are starting this month! Are you or someone in your household looking for a parenting group? Call us to discuss upcoming group sessions, including:

- Parenting Journey in English & Spanish
- Active Parenting of Teens
- Guiding Good Choices
- Various Nurturing Parenting programs

Don't see the group you need on this list? We can help with referrals to other local agencies!

Call us today at **508-796-1411**
Or email us at wfrc@youinc.org

We are now open in-person, and virtual services remain available!

We continue to accept referrals for our ongoing services as well as upcoming groups. We are happy to talk more about what group or service may fit your and your family's needs.



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Worcester MA 01608**
Phone: 508-796-1411
Fax: 508-796-1455
[Facebook.com/WorcFRC](https://www.facebook.com/WorcFRC)

We know many youth and families are struggling to navigate the transition back-to-school. What could school support services through the FRC look like for your family?

- A **clinician** available to meet with your child to assess needs and recommend available supports
- A **school liaison** to help navigate communication and collaboration with your child's school
- Connection to resources including **childcare and afterschool programming** for working families

Health Law Advocates Highlight!

We are thrilled to welcome our new staff attorney, Ellen, to the FRC! Ellen and the team at HLA's Mental Health Advocacy Program for Kids are available to assist with legal advocacy for youth with mental health needs. To learn more or refer your family for legal services, call **HLA MHAP for Kids at 617-275-2919.**