

16 GEORGE ST. WESTFIELD, MA 01085
PHONE: (413) 417-2020



SUN	MON	TUE	WED	THU	FRI	SAT
ALL PROGRAMS ARE FREE			1	2	3	4 PLAY DAY 10:30AM-12:30PM
5	6 INTAKES 9:30AM-4PM YOUTH & TEEN DROP-IN 4PM - 7PM CHILDREN PLAY GROUP 4PM - 7PM	7 Family Financial Literacy Day 10:30AM-12:30PM	8 Grandparents Raising Grandchildren Support Group (5:30PM-6:30PM)	9 Network Provider Coffee Hour 10AM-11AM	10 CLOSED	11 CLOSED
12 	13 INTAKES 9:30AM-4PM YOUTH & TEEN DROP-IN 4PM - 7PM CHILDREN PLAY GROUP 4PM - 7PM	14 INTAKES 9:30AM-4PM	15 Thanksgiving Dinner	16	17	18
19	20 INTAKES 9:30AM-4PM YOUTH & TEEN DROP-IN 4PM - 7PM CHILDREN PLAY GROUP 4PM - 7PM	21 INTAKES 9:30AM-4PM	22	23 CLOSED	24 CLOSED	25 CLOSED
26	27 INTAKES 9:30AM-4PM YOUTH & TEEN DROP-IN 4PM - 7PM CHILDREN PLAY GROUP 4PM - 7PM	28 YOUTH & TEEN DROP-IN 4PM - 7PM INTAKES 9:30AM-4PM	29 TEEN CRAFT NIGHT 4PM - 6:30PM CHILDREN PLAY GROUP 4PM - 7PM	30 Tapestry Health lifestyle class	31	

Hours of Operation

Monday - Wednesday: 9AM - 7PM, Thursday: 9AM - 5PM, Friday: 9AM-4PM
Every 1st & 3rd Saturday 10AM - 1PM



NOVEMBER 2023

Programming

Nurturing Father's Group: 13 sessions evidence-based program that brings together men from all family circumstances who need help with understanding how to be nurturing and supportive **Father's Circle 3rd Thursday 4PM-5PM** (waitlist sign-ups for fall/winter groups)

Grandparents Raising Grandchildren Support Group: In-Person Support Group for grandparents (3rd Wednesday of each month)

Parenting Journey Group: 12 sessions to help parents/caregivers increase their self-care practices and enhance their parenting skills, to create awareness in utilizing their strengths to support their children and build nurturing family relationships (waitlist sign-ups for fall/winter groups).

Youth & Teen Drop-In: Monday - Wednesday 4PM - 7PM AND 1st & 3rd Saturday of each month 10AM - 1PM

UMASS Nutrition Education Program: Health and wellness classes which will run for 6 weeks, 2 groups a week, & 2 hrs/day (waitlist sign-ups for fall/winter groups)

Coffee Hour/Programming Enrollment: Once a week for 1 hour we will have an opened door to community to enroll in programming and discuss services

Tapestry Health: Once a week on Thursdays we will have a healthier lifestyle class from 4 - 5pm

Play Group: Free play and activities for children and families

Financial Literacy Group: TBD