


November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 3-4:30PM Live Out Loud (HS) 3-6PM Farmer's Market 5-7PM 27:7 Dads 5-7PM B.E.A.T.S.	2 9AM-10:30AM Nursing Baby/Toddler Group 10-11:30AM FRF 12:30-2PM Young Adult Affinity 4-7PM Live Out Loud (MS)	3	4 FRC Open 9:30-12:30 10-11AM Bilingual Story Time
5	6 11-12:30PM Mommy & Me	7 3-4:30PM Live Out Loud (HS) 3-6PM Farmer's Market 5-7PM 24:7 Dads 5-7PM B.E.A.T.S.	8 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-7PM Live Out Loud (MS)	9	10	11
12	13 11-12:30PM Mommy & Me	14 3-4:30PM Live Out Loud (HS) 3-6PM Farmer's Market 5-7PM 24:7 Dads 5-7PM B.E.A.T.S.	15 9AM-10A:30M Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-7PM Live Out Loud (MS) 4	16	17	18 FRC open 9:30-12:30 "Friendsgiving"
19 5PM-6:30pm Ohketeau Cultural Presentation	20 11-12:30PM Mommy & Me	21 3-4:30PM Live Out Loud (HS) 5-7PM 24:7 Dads 5-7PM B.E.A.T.S.	22 CLOSED 	23 CLOSED 	24	25
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For more information on all of our offerings, please visit:
<https://18degreesma.org/new-events/>

Ohketeau Cultural Presentation
Monday November 20th 5-6:30PM

Join us for a wonderful presentation given by Larry Spotted Crow Mann along with other members of the Ohketeau tribe. Learn more about the indigenous people of our area. Contact Tammy for more information.

Mommy & Me Play Group
Tuesdays 11AM-12:30PM

A support/play group for mom's and children ages 0-3yr old. For moms and children to socialize, learn and connect. Contact Maria for more information!

Live Out Loud MS, HS, and Young Adult Affinity Groups

These groups offer a safe and supportive space that centers LGBTQIA+ based conversations and activities. MS (Thurs 4-5:30pm, 5:30-7pm Drop-In Dinner) for ages 11-14. HS (Wed 3-4:30pm) for ages 14-18. YAAG (Thurs 12:30-2pm) for ages 18-30. Contact Emma for more information!

Farmers Market

Wednesdays 3-6PM Sept 13th – Nov 15th

A program brought to you in collaboration with Berkshire Grown. From fresh produce grown locally to meat, milk and eggs from local farms. For more information, contact Sharon.

24:7 Dads

This is an evidenced based parenting class for fathers. Facilitated by the amazing Frank Busener. Dinner included. **Pre-registration is required.** Contact Tammy.

B.E.A.T.S.

Wednesdays 5PM-7PM

Bringing Education And Talent to Song learn song writing, to create the beat and to put song to music. For youth ages 11-17. Contact Marisa for more information!

Nursing Baby/Toddler Group

Thursdays 9AM-10:30AM

Hosted by Berkshire Nursing Families an informal playgroup for families with feeding children to socialize, get parenting support, breastfeeding advice from other families. Baby scale is available for weight checks. Contact Tammy for more information!

FRF Families Raising Families

1st & 3rd Thursday 10AM-11:30AM

A support group dedicated to those caring for children as a grandparent, sibling, aunt, uncle, or any other kinship caregiver, to have a safe, inclusive space to connect, share, and learn from one another. Contact Sharon or Tammy for more information!

Conexiones Positivas

Third Saturdays 10am-12pm

An informative, fun support group for Spanish speaking members of our community to come together and share their culture. Contact Maria for more information!

To better serve you, Child Care is now available for our support groups and classes. When registering please make staff aware of your childcare needs.

FRC Staff:

Program Director: Sharon Collins Newton scollinsnewton@18degreesma.org or ext. 265

Program Manager: Tammy Martin-Bartlett tmartinbartlett@18degreesma.org or ext. 264

Family Support Worker: Maria Maisonet mmaisonet@18degreesma.org or ext. 283

School Liaison: Marisa Papallo mpapallo@18degreesma.org or ext. 266

LGBTQ+ Services Coordinator: Emma Lenski emlenski@18degreesma.org or ext. 241

FRC Open Hours

Monday 9am-7pm

Tuesday 9am-5pm

Wednesday 9am-7pm

Thursday 9am-7pm

Friday 9am-3pm

1st & 3rd Saturday 9:30am-12:30pm

Registration is required for all groups, classes, and activities.

Call or Email us to gain access to our offerings and for more information!

413-448-8281 or info@18degreesma.org

18 Degrees partners with the Berkshire Diaper Project to offer families FREE diapers during regular business hours 9:00am-5:00pm