

2024

JANUARY

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SUN OFFICE CLOSED	MON 9AM-5PM	TUE 9AM-8PM	WED 9AM-8PM	THU 9AM-8PM	FRI 9AM-8PM	SAT
31	1 Office Closed for New Years Day	2	3	4	5 Office Closed for 3 Kings Day	6
7	8 Grief Support*	9	10	11 Let Move!	12 Community Support Group 11am-12pm	13
14	15 Office Closed For MLK Day	16 Financial Literacy 10am-12pm- NFP*	17 NFP*	18 Active Parenting*	19 Grandparent Group 11am-12pm	20
21	22	23 NFP* Budgeting 10am-12pm-	24 MPJ*	25 Active Parenting*	26 Community Support Group 11am-12pm	27
28	29 Virtual Story Time 12 pm	30 NFP* Saving 10am-12pm-	31 MPJ*	1	2	3

299 Main St. Holyoke, MA * 413-532-9300

OFFICE OPEN FOR WALK-INS MONDAY -FRIDAY. 9AM-5PM

*SOME SERVICES BY REGISTRATION OR APPOINTMENT ONLY

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PROGRAMMING



Parenting Programs

Our Parenting programs are evidence-based and are an effective way of honing your parenting skills. You must register to participate. The programs are as follows:

- Nurturing Father's Program (NFP)
- Mother's Parenting Journey (MPJ)
- Active Parenting.

How to Register?

Please Call 413-532-9300

Or visit us at

299 Main St. Holyoke, MA 01040

Support Groups

Our Support groups are varied in a way to support a wide range of people in need of support. The Grief Support Group is the only group that requires prior registration. Other groups are open to the public.

- Grandparents Raising Grandchildren
- Community Support Group
- Grief Support Group

Office Hours

Monday 9 am - 5 pm

Tuesday 9 am - 8 pm

Wednesday 9 am - 8 pm

Thursday 9 am - 8 pm

Friday 9 am - 5 pm

Workshops

Our workshops are a great way to learn new skills for everyday living. Workshops do not need registration but registration is preferred. Our workshops are as follows:

- Financial Literary Series
- Be Healthy Series

Referral and Case Management Services

We provide a wide range of referral and 1-1 case management services. From basic needs to School-related issues, we are here to assist.

- Referral Services for Food, Furniture, clothing, and Shelter.
- Assistance with housing applications and searches.
- Issues with School Attendance or Behavior.
- Connecting with various services in the community.