**NEW SCHEDULE**
**Monday 9:00 a.m.– 5:00pm**
**Tuesday 9:00 a.m.– 5:00pm**
**Wednesday 9:00 a.m.–5:00 p.m.**
**Thursday 9:00 a.m.—5:00 p.m.**
**Fridays 9:00 a.m. to 5:00 p.m.**

Please see next side for more info./ Por favor de ver el otro lado para mas info.

# Enlace de Familias Resource Center

**299 Main Street Holyoke Ma. 01040**
**413-532-9300**

# July 2021

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|
| | | | 1<br>•End of School Bingo at 1 pm<br>•House Of Colors– Drop in Hours@ 1 pm | 2<br>•StoryTime (Virtual)<br>•Grandparents Group @ 11 am<br>•HOC-Peer Support | 3<br> <br> |
| 5<br>Enlace Closed | 6<br>•House Of Colors– Drop in Hours@ 1 pm | 7<br>•Financial Lit. (Virtual) | 8<br>•IEP Workshop 10:30 am<br>•House Of Colors– Drop in Hours@ 1 pm | 9<br>•StoryTime (Virtual)<br>•Covid Support Group @ 11 am<br>•HOC-Peer Support | 10 |
| 12<br>•Health and Nutrition (Virtual)<br>•House Of Colors– Drop in Hours@ 1 pm | 13 | 14<br>•Stress Management (Virtual) | 15<br>•House Of Colors– Drop in Hours@ 1 pm | 16<br>•StoryTime (Virtual)<br>•Grandparents Group @ 11 am<br>•HOC-Peer Support | 17 |
| 19<br>•House Of Colors– Drop in Hours@ 1 pm | 20 | 21 | 22<br>•IEP Workshop 10:30 am<br>•House Of Colors– Drop in Hours@ 1 pm | 23<br>•StoryTime (Virtual)<br>•Covid Support Group<br>•HOC-Peer Support | 24 |
| 26<br>•House Of Colors– Drop in Hours@ 1 pm | 27<br>•Behavior Manage-ment (Virtual) | 28 | 29<br>•Canvas Painting at 1 pm<br>•House Of Colors– Drop in Hours@ 1 pm | 30<br>•HOC-Peer Support | |

**Please see next side for more information. — Por favor de ver al otro lado para mas información**

## Support Groups

**Community Support Group:** A virtual hybrid support group, held every other Friday, for anyone suffering stress, anxiety or other mental health struggles. Please call to register.

**Grandparent's Raising Grandchildren:** Come join us every other Friday for our Grandparents support group. This group is to learn about services in the community from Grandparents just like you. These sessions will be free and via Google Meets.

## House Of Colors

Is a safe space for LGBTQ youth ages 13 to 24 years old. It is youth lead and directed with a focus on youth development and living healthy, safe lives. They meet Monday, Thursday and Friday from 1 pm to 3 pm for Peer Support group and drop-in hours.

Come join us every Friday for Virtual Story time. We will be providing to interested families, a bag of books to go along with our story times for the month. Please call us for more information at 413-532-9300.

## Parenting Groups

### Nurturing Fathers Program

A 13-week evidence-based program for developing attitudes and skills for male nurturance. Held to registered participants. Please call to register.

### Ma/Pa Co-Parenting Group

A 12-14-week program that focuses on strengthening the couple relationship (married or unmarried) through a share exploration of parenting attitudes. Held to registered participants. Please call to register.

## Upcoming YouTube Programming

* Weekly Story Time
* Health & Nutrition
* Family Wellness
* Holiday Crafts
* Financial Literacy
* IEP Informational Videos
* And much more!

Family Resource Centers

Enlace de Familias
Holyoke Family Network

299—301 Main St.
Holyoke, MA 01040
413-532-9300

If you are interested in any of our upcoming events, or need referral services, please feel free to contact us at 413-532-9300 for an appointment.

**OUR NEW SCHEDULE**

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**Thursday 9:00 a.m.—5:00 p.m.**
**Fridays 9:00 a.m. to 5:00 p.m.**

**Please Scan box below with cellphone camera for direct links to our YouTube, Facebook and Webpages.**

Scan Me
For More Info!