

JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	OFFICE CLOSED FOR HOLIDAY WPS CLOSED 1	CARRIAGE HOUSE MIDDLES GROUP 5:30P-7:00P 2	CARRIAGE HOUSE TEEN GROUP 5:30P-7:00P FAMILY PLAY GROUP 10A-11:30A 3	VIRTUAL HOUSING CLINIC 2:30P-3:30P 4	ARTS AND MUSIC POLICE PARTNERSHIP 3P-6P RAINBOW CONNECTION 3:30P-5P 5	OFFICE CLOSED 6
OFFICE CLOSED 7	ARTS AND MUSIC POLICE PARTNERSHIP 3P-6P 8	MEDITATION SKILLS GROUP 3:30PM-5:30PM 9	CARRIAGE HOUSE LITTLES GROUP 5:30P-6:30P FAMILY PLAY GROUP 10A-11:30A	VIRTUAL HOUSING CLINIC 2:30P-3:30P ACTIVE PARENTING OF TEENS 5:30P-7:30P 11	ARTS AND MUSIC POLICE PARTNERSHIP 3P-6P 12	OFFICE CLOSED 13
OFFICE CLOSED 14	OFFICE CLOSED FOR HOLIDAY WPS CLOSED 15	CARRIAGE HOUSE MIDDLES GROUP 5:30P-7:00P 16	CARRIAGE HOUSE TEEN GROUP 5:30P-7:00P FAMILY PLAY GROUP 10A-11:30A 17	VIRTUAL HOUSING CLINIC 2:30P-3:30P ACTIVE PARENTING 1ST 5 YEARS ACTIVE PARENTING OF TEENS 5:30P-7:30P 18	ARTS AND MUSIC POLICE PARTNERSHIP 3P-6P RAINBOW CONNECTION 3:30P-5P 19	OFFICE CLOSED 20
OFFICE CLOSED 21	ARTS AND MUSIC POLICE PARTNERSHIP 3P-6:00P PARENTING JOURNEY 10AM-11:30AM 22	23	CARRIAGE HOUSE LITTLES GROUP 5:30P-6:30P FAMILY PLAY GROUP 10A-11:30A ACTIVE PARENTING 4TH EDITION 10:30A 24	VIRTUAL HOUSING CLINIC 2:30P-3:30P ACTIVE PARENTING 1ST 5 YEARS ACTIVE PARENTING OF TEENS 5:30P-7:30P 25	ARTS AND MUSIC POLICE PARTNERSHIP 3P-6P 26	OFFICE CLOSED 27
OFFICE CLOSED 28	ARTS AND MUSIC POLICE PARTNERSHIP 3P-6P PARENTING JOURNEY 10AM-11:30AM 29	CARRIAGE HOUSE MIDDLES GROUP 5:30P-7:00P 30	CARRIAGE HOUSE TEEN GROUP 5:30P-7:00P FAMILY PLAY GROUP 10A-11:30A ACTIVE PARENTING 4TH EDITION 10:30A 31			

Parenting Classes

Call or Email 508-796-0411 wfrc@youinc.org
for information or to register

Arts and Cultural

Arts and Music Police Partnership

Free Arts and Music program for teens ages 14-17 run by the Worcester Police Department. M W F 3:00pm-6:00pm

Family Play Group

A free play group for parents and children ages 1-8. Connect with other parents and caregivers.



Active Parenting of Teens

A Parenting class to help you increase communication without conflict. Develop skills for real life, and help your teen avoid the risks they may face.

Active Parenting 1st 5 years

Support the growth and development of your children through family structure. Gain the skills necessary to prepare your children to survive and thrive in this society.

Parenting Journey

Learn how your own upbringing influences your parenting style. Learn how to support your partner and children in this society. A special time to share with other parents in a confidential/safe space.

Active Parenting 4th Edition

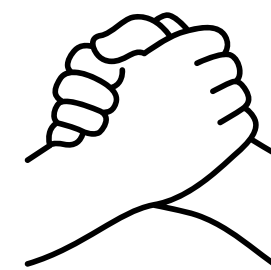
support the growth of your children through family structure. Gain the skills necessary to raise your children ages 5-12 to survive and thrive in this society.



Mutual Support

Carriage House Grief Support Program

Grief Support for children ages 3-18 who have lost a parent or caregiver. The program is volunteer run and uses a mutual support model.



Rainbow Connection

A group for LGBTQIA+ youth ages 10-13 3:30pm-5:00pm



Resources and Supports

Virtual Housing Clinic

Join us virtually to connect directly with RCAP Solutions, and CMHA. Get assistance navigating housing RAFT applications.



Meditation Skills Group

Join us as we practice self care and meditation in a group setting. Set goals and talk about how to balance life to avoid stress.

