



**NEW SCHEDULE****Monday 9:00 a.m.– 5:00pm****Tuesday 9:00 a.m.– 5:00pm****Wednesday 9:00 a.m.–5:00 p.m.****Thursday 9:00 a.m.—5:00 p.m.****Fridays 9:00 a.m. to 5:00 p.m.****Enlace de Familias Resource  
Center****299 Main Street Holyoke Ma.****01040****413-532-9300****March****2024**

Please see next side for more info./ Por favor de ver el otro lado para mas info.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> <b>Community Support Group</b> <b>Grief Support Group</b> <b>10 am</b>	<b>2</b>
<b>4</b> <b>English Classes</b> <b>1:15 pm-4:15pm</b>	<b>5</b> <b>English Classes</b> <b>1:15 pm-4:15pm</b>	<b>6</b> <b>English Classes</b> <b>1:15 pm-4:15pm</b>	<b>7</b>	<b>8</b> <b>GrandParent's Group</b> <b>Grief Support Group</b> <b>10 am</b>	<b>9</b> <b>Financial Literacy</b> <b>12pm-2pm</b>
<b>11</b> <b>English Classes</b> <b>1:15 pm-4:15pm</b>	<b>12</b> <b>English Classes</b> <b>1:15 pm-4:15pm</b>	<b>13</b> <b>English Classes</b> <b>1:15 pm-4:15pm</b>	<b>14</b>	<b>15</b> <b>Community Support Group</b> <b>Grief Support Group</b> <b>10 am</b>	<b>16</b> 
<b>18</b> <b>English Classes</b> <b>1:15 pm-4:15pm</b>  <b>YT: IEP: Special Ed Video</b>	<b>19</b> <b>English Classes</b> <b>1:15 pm-4:15pm</b>	<b>20</b> <b>English Classes</b> <b>1:15 pm-4:15pm</b>	<b>21</b>	<b>22</b> <b>GrandParent's Group</b>  <b>Grief Support Group</b> <b>10 am</b>	<b>23</b>
<b>25</b>	<b>26</b> <b>YT Story Time</b>	<b>27</b> <b>Health &amp; Nutrition</b>	<b>28</b>	<b>29</b> <b>Community Support Group</b> <b>Grief Support Group</b> <b>10 am</b>	<b>30</b>  <b>Easter Egg Hunt</b>

Please see next side for more information. — Por favor de ver al otro lado para mas información



### Support Groups

**Community Support Group:** A virtual hybrid support group, held every other Friday, for anyone suffering stress, anxiety or other mental health struggles. Please call to register.

**Grandparent's Raising Grandchildren:** Come join us every other Friday for our Grandparents support group. This group is to learn about services in the community from Grandparents just like you. These sessions will be free and via Google Meets.

### **House Of Colors**

Is a safe space for LGBTQ youth ages 13 to 24 years old. It is youth lead and directed with a focus on youth development and living healthy, safe lives. They meet Monday, Thursday and Friday from 1 pm to 3 pm for Peer Support group and drop-in hours.



Come join us once a month for Virtual Story time. We will be providing to interested families, a bag of books to go along with our story times for the month. Please call us for more information at 413-532-9300.



### Parenting Groups

#### **Nurturing Fathers Program**

A 13-week evidence-based program for developing attitudes and skills for male nurturance. Held to registered participants. Please call to register.

#### **Active Parenting Group**

A 12-14 week program focusing on strengthening the couple relationship (married/unmarried) through a share exploration of parenting attitudes. Held to registered participants. Please call to register.

#### **Mother's Parenting Journey**

This 13 week curriculum designed to help parents increase their self-care practices, raise awareness of past and present factors that influence their parenting styles. Please call to register.

### Upcoming Programming

- \* English Classes—By registration
- \* Grief Support Group— By registration
- \* Virtual Storytime (YouTube)
- \* Easter Egg Hunt
- \* IEP Series (Youtube)
- \* And much more! Come Learn about our Program passports to qualify for Holiday Specials! Call for more information!!

If you are in need of an after hours or weekend appointment, please let us know and we can make those accommodations for you!



299—301 Main St.

Holyoke, MA 01040

413-532-9300

If you are interested in any of our upcoming events, or need referral services, please feel free to contact us at 413-532-9300 for an appointment.

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**Thursday 9:00 a.m.—5:00 p.m.**

**Fridays 9:00 a.m. to 5:00 p.m.**

*Referral for Programming and services can be sent to [Katherine@enlacedefamilias.org](mailto:Katherine@enlacedefamilias.org)*

Please Scan box below with cellphone camera for direct links to our YouTube, Facebook and Webpages.



Scan Me  
For More Info!

