



MONDAY 9AM-6PM	TUESDAY 9AM-6PM	WEDNESDAY 9AM-4PM	THURSDAY 9AM-6PM	FRIDAY 9AM-3 PM	SATURDAY 9AM-12PM
Hablemos 12-1 <b>1</b>	Play & Learn 10-11 Parenting Journey 12-2 Multifamily DBT 4:30-6 Nurturing Fathers 6-8 <b>2</b>	Drop-In Support By appointment 9-12 <b>3</b>	Bilingual Playgroup 10-11 <b>4</b>	New Baby, New Feelings 10-11 Grandparents Raising Grandchildren 12-1 Tea & Toddler Mom's Club 12:30-1:30 <b>5</b>	<b>CLOSED</b> <b>6</b>
Hablemos 12-1 Keeping Kids Safe Workshop Part 1 4:30-5:30 <b>8</b>	Play & Learn 10-11 Parenting Journey 12-2 Multifamily DBT 4:30-6 Nurturing Fathers 6-8 <b>9</b>	Drop-In Support By appointment 9-12 <b>10</b>	Bilingual Playgroup 10-11 <b>11</b>	New Baby, New Feelings 10-11 Tea & Toddler Mom's Club 12:30-1:30 <b>12</b>	FC SATURDAY Open Playroom 9:30-11:30 <b>13</b>
<b>CLOSED STAFF DEVELOPMENT</b> <b>15</b>	Play & Learn 10-11 Parenting Journey II 12-2 Multifamily DBT 4:30-6 Nurturing Fathers 6-8 <b>16</b>	Drop-In Support By appointment 9-12 <b>17</b>	Bilingual Playgroup 10-11 Pajama Party & Tween Makerspace 4:00-5:30 <b>18</b>	New Baby, New Feelings 10-11 Grandparents Raising Grandchildren 12-1 Tea & Toddler Mom's Club 12:30-1:30 <b>19</b>	<b>CLOSED</b> <b>20</b>
Hablemos 12-1 Keeping Kids Safe Workshop Part 2 4:30-5:30 <b>22</b>	Play & Learn 10-11 Parenting Journey 12-2 Multifamily DBT 4:30-6 Nurturing Fathers 6-8 <b>23</b>	<b>CLOSED STAFF DEVELOPMENT</b> <b>24</b>	Bilingual Playgroup 10-11 <b>25</b>	New Baby, New Feelings 10-11 Tea & Toddler Mom's Club 12:30-1:30 <b>26</b>	FC SATURDAY Open Playroom 9:30-11:30 <b>27</b>
Hablemos 12-1 <b>29</b>	Play & Learn 10-11 Parenting Journey II 12-2 Multifamily DBT 4:30-6 Nurturing Fathers 6-8 <b>30</b>	 <p><b>Family Center Pajama Party</b> Join us for a night of free fun &amp; crafts for the whole family! <b>Thursday April 18, 2023</b> 4:00-5:30pm 90 Federal St Greenfield, MA Dinner &amp; craft supplies will be provided. Pajamas are optional. Parent-Child Craft &amp; Storytime   Tween Makers Space</p>			

Call to make an appointment for individual support.

**DROP-IN SUPPORT HOURS**

Monday 10-1  
Tuesday 10-1  
Thursday 10-1  
Friday 10-1  
Saturday 2nd & 4th 9:30-11:30

April is National Child Abuse Prevention Month  
Together we can end child abuse in Massachusetts.



## KEEPING KIDS SAFE

**FREE PARENT TRAINING SERIES**

Learn best practices to use when talking to children to prevent sexual abuse.

Workshop series will provide parents with skills, language and tools to help their children safe in all situations.

Scan Code



REGISTER TODAY!

**PART 1:  
MONDAY  
APRIL 8, 2024  
4:30-5:30PM**

**PART 2:  
MONDAY  
APRIL 22, 2024  
4:30-5:30PM**

## ONGOING PROGRAMMING

### FAMILY ACTIVITIES

**FAMILY LUNCH** - Join us once a month for an interactive meal and the opportunity to socialize with other Family Center families.

**FAMILY PAJAMA PARTY**- In Person 3rd Thursday every other month. 4-5:30 pm. Registration required when virtual. Literacy event for children ages 0-8 years old and their caregivers. (Virtual PJ Party every other month!)

**FAMILY GAME NIGHT** - Join us every other month on the 3rd Thursday 4 -5:30 PM for games, dinner, and fun for the whole family!

**FC SATURDAYS - 2nd & 4th Saturday** Drop in for individual family support or have fun in the open playroom.

**STOP & PLAY** - Reserve & enjoy one hour for exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or pod-buddies to explore, play & read

### PLAYGROUPS

Weekly free Parent - Child playgroups from infancy through age 6. Come play, practice skills, read stories, and make new friends!  
\*\* Snack Provided \*\* No pre-registration required.\*\*

**PLAY & LEARN - TUESDAYS 10-11AM**  
**BILINGUAL PLAYGROUP - THURSDAYS 10-11AM**

### SUPPORT GROUPS

**\*Childcare provided\***

**New Baby, New Feelings** - Weekly Fridays 10-11AM  
Social/support group for moms with babies ages 0-16 months.

**Tea & Toddler Mom's Club** - Weekly Fridays 12:30-1:30PM  
Weekly support group for moms with toddlers age 16mos—5yrs.

**Grandparents Raising Grandchildren** - 1st and 3rd Friday 12-1PM  
Bi-weekly support group in person at the Family Center for all grandparents.

**Hablemos** - Weekly Mondays 12-1PM  
Weekly support group for Spanish speaking caregivers

### EVIDENCE-BASED CAREGIVER EDUCATION

We offer a variety of parent & caregiver strength-based programs. All programs are voluntary and free to enroll. Registration and intakes are required. **Waitlists are ongoing.** See calendar for dates and times.

Active Parenting of Teens  
Healing Trauma in Spanish  
Nurturing Fathers  
Parenting Journey  
Multi-Family DBT (Dialectical Behavior Therapy)  
Keeping Kids Safe



**NURTURING FATHERS**  
EVERY CHILD DESERVES A NURTURING FATHER

NEXT ONLINE SESSION BEGINS  
**APRIL 9 2024**

## PARENTING JOURNEY II

In Parenting Journey II, a small group of parents and caregivers meet for 2 hours a week for 12 weeks.

Parenting Journey II is designed for those who want to follow-up on what they learned in Parenting Journey I.

Building on your strengths, we will help you identify the steps needed to reach your dreams for the future. Through a combination of hands-on activities and guided discussions, you will learn how to set and achieve personal and family goals, and how to create and maintain positive new behaviors.

NEXT SESSION  
**STARTS APRIL 30, 2024**  
Tuesdays  
12:00PM - 2:00PM  
on Zoom



### DIAPER DISTRIBUTION



In need of diapers?  
We've got you covered  
once a month.

Free & Intake required.

Monday-Friday during our  
open hours.

### COMMUNITY CLOSET



In need of  
clothes? Shop  
in our free  
community  
closet.

Free & Intake required.

Call to schedule a  
shopping 413.475.1555

## WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?



Use the online  
to learn more about  
how they are growing  
and learning!



SCAN ME 