

October 2024

MON



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FRI

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1

Grandparents Support Group
11:00AM - 12:00PM

Active Parenting: 4th Edition
12:30PM - 2:30PM
Virtual

Transforming Trauma (Zoom)
10:00AM - 11:30AM
Mother's Support Group
10:00AM - 11:00AM
Hispanic Heritage Month Celebration
12:00PM - 2:00PM
Emotion Regulation for Teens
4:00PM - 6:00PM
Parenting in America
5:00PM - 7:00PM
Virtual

3

4

Latino Support Group
10:00AM - 11:00AM

5

7

8

Active Parenting: 4th Edition
12:30PM - 2:30PM
Virtual

Transforming Trauma
10:00AM - 11:30AM
Zoom
Mother's Support Group
10:00AM - 11:00AM
Emotion Regulation for Teens
4:00PM - 6:00PM
Parenting in America
5:00PM - 7:00PM
Virtual

10

11

Latino Support Group
10:00AM - 11:00AM

12

True Colors Autism Support Group
10:30AM - 11:30AM

Information & Referral
10:00AM - 2:00PM

Parent Cafe: Social Skills
5:00PM - 7:00PM
In Person

14

FRC CLOSED FOR INDIGENOUS PEOPLE'S DAY

15

Grandparents Support Group
11:00AM - 12:00PM
Active Parenting of Teens
1:00PM - 2:30PM

16

Transforming Trauma
10:00AM - 11:30AM
Zoom
Mother's Support Group
10:00AM - 11:00AM
Emotion Regulation for Teens
4:00PM - 6:00PM
Parenting in America
5:00PM - 7:00PM
Virtual

17

18

Active Parenting: First Five Years
1:30PM
Virtual (4 Weeks)

Court Service Center
9:00AM - 1:00PM
Walk-In
Latino Support Group
10:00AM - 11:00AM

19

21

Active Parenting of Teens
1:00PM - 2:30PM

Game Changers
4:00PM - 6:00PM

22

Transforming Trauma
10:00AM - 11:30AM
Zoom
Mother's Support Group
10:00AM - 11:00AM
Emotion Regulation for Teens
4:00PM - 6:00PM
Parenting in America
5:00PM - 7:00PM
Virtual

23

24



FRC CLOSED FOR STAFF EVENT

25

Latino Support Group
10:00AM - 11:00AM

26

28

Active Parenting of Teens
1:00PM - 2:30PM

29

Transforming Trauma
10:00AM - 11:30AM
Zoom
Mother's Support Group
10:00AM - 11:00AM
Parenting in America
5:00PM - 7:00PM
Virtual

30

31

Active First Five Years
1:30PM
Virtual (4 Weeks)

Info & Referrals (no appointment needed): Monday - Friday | 8:30AM - 4:30PM

For more information or to register for any classes/events, please call: (978) 516-5042

76 Summer Street, Suite 230, Fitchburg (978) 516-5042